



Senior Pinning goes off without a hitch

By Caroline Hoy
Co-Editor in Chief

An annual tradition of Brevard College was held on Sept. 23 at 6:00 p.m. in Porter Center. Brevard College has held this tradition for over two decades: seniors ask someone important to them to pin them. That person could be family, friend, professor or a member of the Brevard community.

Brevard College President Bradley J Andrews started off the event by saying how proud he was to be hosting the first ever Pinning Ceremony in his time at Brevard College. He was very excited and happy to be part of this tradition. President Andrews then introduced Dr. Sharad Creasman, Brevard College minister, who gave a nice blessing to get started with the ceremony.

The next speaker was supposed to be Dr. Sarah Maveety, Assistant Professor or Biology/ Division Chair for Science and Mathematics, but unfortunately she was unable to. In her stead was another member of the Science Dept. (though we miss her in classes, per se.) Dr. Jennifer Frick-Ruppert, Interim Vice President of Academic Affairs and Dean of the Faculty, told the audience how important it is to take things one step at a time, which she learned from living off the grid.

Next up was a faculty representative to



Student cries with joy while being pinned.

introduce student speaker Scott Douglas. Andrea Boccanfuso, Coordinator of Theatre/ Associate Professor of Theatre, Design/ Technology, sounded a wrestling bell to wish the Seniors of '23 good luck, prior to pinning Douglas herself. Finally it was time for Douglas to take the stage as student speaker. A senior theatre major and creative writing minor, Douglas spoke of his time at Brevard College, COVID and coming

to Brevard NC from London England. Douglas reflected candidly and ended up having some people in tears.

President Andrews then came back up to give the signal for the pinners to pin the seniors. Which made the room burst out in joy! The joy stayed lively even after everyone left.

Senior Sarah Hajkowski said, “[The Pinning Ceremony] was an emotional evening and all enjoyed celebrating this BC tradition.”

This was the first time in a long time that the Brevard College campus has been able to have a pinning ceremony since the no mask policy on campus.

I asked Jessie Tucker, as an Academic Success Coach, Director of the Writing Center, member of the Campus Life faculty, and campus instructor, how it felt to have the pinning ceremony again in a time without masks and she said, “Gathering together feels so gratifying after years of limitations. We are expressly proud of how well students have preserved during the pandemic.”

All in all the Pinning Ceremony went great and everyone was glad for the Pinning to happen in person and have such a great turn out.



President Bradley J Andrews



The Pinning in action.



Student Speaker and campus personality Scott Douglas

Correction

We, the staff of The Clarion, try our best to not make errors and accurately report the news, but we do make mistakes. When we make these errors, we do our best to correct them and take accountability.

Last week, a profile on faculty member Rebekah Alvani was published, and errors were made. Online the corrected version can be found. If you would like to see the corrected version, please check it out using this link, <https://bit.ly/clarion092122>, or by visiting the Clarion website for this and other past issues.

Grad Apps due now!

By Sarah Hajkowski
Copy Editor

Brevard College Seniors are reminded to complete and submit Graduation Application paperwork to the Registrar if they have not already done so.

BC Seniors naturally have a lot to remember as they prepare in varying ways for Graduation in May. That being said, the deadline for Grad Applications, or Grad Apps for short was this past **Monday, Sept. 26** and if you have yet to submit yours, the Registrar needs to audit your academic history and ensure you're ready to take flight in Spring.

If this sounds unfamiliar, my own and many others' confusion about the Application is a trend at Brevard. We note that communication about the Grad App content and its due date has had inconsistencies from major to major and

hope for faculty liaisons to stay in consistent communication for future seniors.

That being said, Grad Apps are doable and accessible when one has the tools. If you're among those who missed this requirement, feel free to look over the steps I list below for a preview of what these entail and note my availability below for questions. Links should be active in the online edition of this week's Clarion.

PHASE ONE: Grad App

1) Visit the my.brevard.edu website under your login

2) On PC, the left-hand side of your screen includes a link to the "[Registrar](#)"

3) Clicking on this, a screen with bars/rectangles and bubbles/circles displays. Scroll down to find the bubble labeled "[Forms & Documents](#)"

4) Click here and find a list which includes "[Graduation Application](#)"

5) Grad Apps can now be filled out digitally or printed and handwritten

PHASE TWO: Gen Ed, Major and/or Minor Checklists

1) Note that on Page 1 of Grad Apps, required materials are listed. This list includes your Gen Ed, Major, and/or Minor Checklists

2) Return to the [Registrar homepage](#) with bars and bubbles. Click the rectangle labeled "[Checklists](#)."

3) Pull/download/print checklists within your degree

4) **Important!** All of your checklists must be from the same year. Any version, i.e. 2019-20; 2022-23 can work, but Gen Ed, Major, and/or Minor must **match**.

PHASE TWO POINT FIVE: Filling out Checklists

1) Checklists require Courses you took, Terms you took them, and Grades Earned. I don't know about all of our student readers, but that proved a lot to remember for me. I used my unofficial transcript. Want yours?

2) Visit my.brevard once again. Under your "[Students](#)" tab, visit "[My Academic Info](#)"

3) Scroll down to "View Unofficial Transcript" and click. If this view is unfriendly to your eyes, a PDF version is also available at the bottom

4) Have fun and be yourself! Mishaps and confusion are part of life academic and beyond. Take a moment to assess how much work and effort has led you to Senior Status.

PHASE THREE: Submit ASAP

1) Email Registrar per Grad App instructions or

2) Deliver paperwork to Beam Admin, in the Registrar's Office (first floor) as soon as possible

Other resources available to BC Seniors include Academic Advisors, and we encourage applicable students to utilize all lines of communication open to them toward submitting this very important paperwork. Best of luck to all Seniors!

THE CLARION

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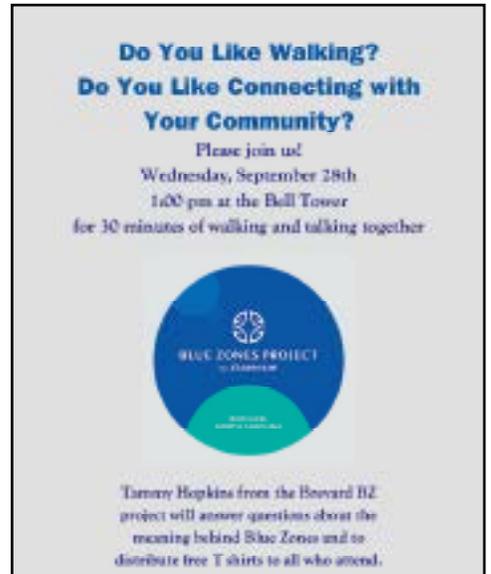
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All About Tutoring! The ins and outs of the Writing and Tutoring Center

By Emme Griffith
Staff Writer

In the middle of Brevard College's campus, Jones Library is a great resource for your academic needs here at Brevard. One resource that you may not know much about is the Writing and Tutoring Center.

Formally known as the ELC, the Writing and Tutoring Center has students on staff who are experts in a multitude of subjects. They also have experience with a lot of the professors teaching on campus. So when you see a tutor, not only do you get general advice, but also professor-specific suggestions!

Professor Jessie Tucker is the head of the Writing and Tutoring Center this year. When I sat down with her to talk about the center, she wanted to make sure that student's know just how much the Center was used before the

COVID-19 Pandemic.

She said, "We feel like COVID damped everyone's ability to connect... I don't think current students know how much the tutoring center was used before! It's off of people's radar." When asked about what a student could take to the center for advice, she stated, "We encourage students to bring in assignments in any stage or form for advice!"

So now that you know how awesome (and available) the tutoring center is, how do you actually see a tutor? Using MyBrevard or BC Radar, you can find a link to the Writing and Tutoring Center. If you want to schedule an appointment you will be redirected to WOnline, which is the platform the center uses to manage appointments. Make an account

with your Brevard credentials and you're ready to schedule!

When you schedule ahead of time you can upload what you are working on so your tutor can glance over it before your appointment. You can choose to do in-person tutoring in the library or E-Tutoring where you upload the assignment, and your tutor will give you feedback.

Maybe scheduling isn't your style, or you realize last-minute that you could really use another person's advice on a project. If this is the case, the Writing and Tutoring Center happily takes drop-ins! The center truly wants to make it as easy as possible for you to get the help you need. Check the schedule and come by!

Brevard College Theatre presents 'The Dreamer Examines His Pillow'

By Sarah Hajkowski
Copy Editor

Brevard College Theatre students will perform *The Dreamer Examines His Pillow* next Thursday Oct. 6, Saturday Oct. 8, and Sunday Oct. 9 in the Morrison Playhouse at Brevard's Porter Center for Performing Arts. BC Theatre assembled the following Press Release for our information:

Written in 1985 by John Patrick Shanley (winner of the 1988 Academy Award for Best Original Screenplay for the film *Moonstruck*), the play centers around three characters: a young woman confronting a complicated relationship; her lover, a young man who tries to find himself by sitting alone ruminating over a grotesque self-portrait; and the young woman's father, who discovers just how removed he's been from the rest of humanity.

The production examines the purpose we can find through human connection and asks: Do we define ourselves, or are we the result of fate, history, nature and our circumstances?

Myself being the production's Dramaturg, Production Team members and I have summarized the play as a story about "complex characters doing the best they can with the

information they have. In keeping with our program mission, we tell this story with the deliberate aim of ensuring both open-mindedness and personal safety."

Audience members should be advised of adult content: the play includes sexual themes and language, relational and age contexts for sexuality, gender opposition and sexism, and references to the primal.

The play runs approximately 85 minutes with no intermission. The Saturday night and Sunday matinee performances will be followed by a talkback: Saturday's talkback will be a discussion with our Dreamer cast, director and production team, and Sunday's will feature Art faculty member Ken McLeskey discussing art and identity.

All performances will take place in the Morrison Playhouse at The Porter Center on the Brevard College campus. Performance times are as follows: Thursday, Oct. 6, 7 p.m., Saturday, Oct. 8, 7 p.m., Sunday, Oct. 9, 2:30 p.m., Sunday, Oct. 9, 7 p.m.

*(Please note there is no performance Friday, October 7th!)

Tickets can be purchased online at brevardcollege.eventbrite.com or at the door, if available. Ticket prices are \$5 for students and \$10 for the general public. Because of the proximity of actors to the audience, BC Theatre recommends that audiences in the Morrison Playhouse wear masks.

The Dreamer Examines His Pillow is a substantial story which performs Thursday, Oct. 6, 7 p.m., Saturday, Oct. 8, 7 p.m., Sunday, Oct. 9, 2:30 p.m., and Sunday, Oct. 9, 7 p.m. Clarion wishes the best for Cast & Crew and encourages readers to attend!



Photo by Sarah Cribbs

Original poster designed by Sarah Cribbs

Former NATO commander meets with students, faculty

Admiral James Stavridis answered questions Tuesday afternoon on the war in Ukraine and other global conflicts, threats and vulnerabilities

By John Padgett

Faculty Advisor for The Clarion

The benefits of reading, the dangers of political divisiveness and climate change, and the value of knowing history to understand what is happening today were among the topics raised in a free-ranging discussion by Admiral James Stavridis with students Tuesday afternoon.

Stavridis, who served for 37 years in the U. S. Navy, including four years as supreme commander of NATO from 2009 to 2013, was on the Brevard College campus as this year's speaker in the J. R. McDowell Lecture Series, an event co-sponsored by the college and the Transylvania County Library Foundation. This year's event marks the return of this lecture for the first time since 2019.

Stavridis' main event was a lecture Tuesday evening in the Porter Center, a ticketed event open to the public on 21st century geopolitics and leadership, but earlier that afternoon, he also spoke on many of the same points to a smaller audience of BC students and faculty in MG 125. In this afternoon talk, he began with a brief overview of the past 100 years in international history, including the formation of NATO after World War II as a deterrent to future world wars.

He then took questions from those in attendance on such topics as what are the most pressing dangers facing the world today, how can students become better leaders, and why did Russia choose to invade Ukraine earlier this year?

Vladimir Putin's invasion of the neighboring country of Ukraine, Stavridis said, can be seen as his desire "to rebuild some of the elements of the old Soviet Union." Ukraine, a former member state of the USSR, has rich stores of oil and gas as well as agricultural products such as wheat.

Some factors that led Putin to invade Ukraine this year, Stavridis said, were disruptions caused by COVID-19 and political division in the United States. A third reason, he said, may have been prompted by seeing the chaos that ensued when U.S. forces withdrew from Afghanistan last year.

"Putin said, aha! Now may be the time to act," Stavridis said.

In response to another question, Stavridis noted parallels between the Russia-Ukraine war and the tensions between China and Taiwan, as well as the lessons China might glean from Putin's war. "It's important that we stand with Ukraine," he said, to avoid the appearance of legitimizing such actions. Allowing Putin to not face sanctions and other penalties, Stavridis said, could "break the international system."

China has made threats over Taiwan, which has a population of 23 million people and is the 20th largest economy in the world, Stavridis said. However, he does not think President Xi Jinping of China would resort to similar measures in an attempt to return Taiwan to Chinese rule—in part because Xi has seen how hard Ukrainians have fought against the invading Russians.

"Would the Taiwanese fight as hard as Ukrainians have?" Stavridis said. "I think the answer is yes."

The former NATO commander was also asked about other threats the United States and the world may face in the future. He identified three areas of most concern: the environment, especially from climate change, the vulnerability of information technology, and the dangers from partisan political divisions in the United States.

Climate change is the number one threat to international security, Stavridis said, noting that even as he was speaking, a major hurricane was heading toward the Tampa Bay area of Florida. He said he had sailed the waters of the Arctic and the Antarctic and saw firsthand the consequences of climate change.

"Ice is melting," he said. "That's not hyperbole."

Cyber and partisan divisions are also major threats we should be aware of, Stavridis said. Up to 97 percent of the world's data is transmitted not through satellites, he said, but on 230 undersea cables which are extremely vulnerable to attack. And political disagreements and our seeming inability at times to talk to one another is a concern.

He pointed out similar moments in U. S. history in which Americans failed to bridge their political divides peacefully, such as during the Civil War. "We're a fractious people," he said, "but I'm worried."

On a more positive note, Stavridis also gave advice to students about how they can become better leaders. One way, he said, is to become lifelong readers: not just while in school but after graduation. "That's the day your education starts," he said.

He also emphasized the need for being physically fit and fostering a strong peer network who can support you during times of need. He gave an example of when he was commander of a Navy destroyer that failed an inspection—a setback that under other circumstances could be the end of a naval career.

But when he was given a second chance to pass inspection, both the sailors on board his vessel and his colleagues from other ships came together to make sure that the ship would pass inspection the second time. Having a strong group of peers was a lesson he learned as a student athlete playing tennis at the U.S. Naval Academy.

"If you invest in those peers, they will be there



Photo by John Padgett

Admiral James Stavridis, former commander of NATO, spoke to students and faculty in MG 125 Tuesday afternoon about the war in Ukraine and other international threats and conflicts. Stavridis was on campus for this year's McDowell Lecture Series, an event co-sponsored by the college and the Transylvania County Library Foundation.

A Look at Campus

What are students at Brevard College listening to?

By Savannah Anderson
Staff Writer

Music is a part of nearly everyone's lives in one way or another; whether you play in a band, enjoy listening to it, sing it yourself, or in any other way. This past week, I went around campus asking friends and strangers what their favorite song was, or if they had headphones in, I asked what they were listening to at that moment. I got a wide variety of answers ranging from sad slow country songs to straight-up trap music. This is not a shock to me at all, I actually quite expected this. I personally enjoyed this playlist thoroughly even though I didn't enjoy every single song on it. I listened to it on shuffle, I recommend doing the same because it will always shock you with what it plays next.

So, students of Brevard College, this is your playlist:

1. "Who's Your Daddy?" by Toby Keith.
2. "Late Night Talking" by Harry Styles
3. "Heartless (feat. Mustard)" by Polo G, Mustard.
4. "21 Questions" by Waterparks.
5. "Alright" by Nardo Wick.
6. "Sex on Fire" by Kings of Leon.
7. "Burn, Burn, Burn" by Zach Bryan.
8. "sid & nancy" by Machine Gun Kelly.

9. "Me or Sum (feat. Future & Lil Baby)" by Nardo Wick, Future, Lil Baby.
10. "Baby" by Mike Sherm.
11. "Who I Am" by Wyn Starks.
12. "Rocketeer" by Far East Movement.
13. "That Don't Impress Me Much" by Shania Twain.
14. "Low Key" by Sleepy Hallow.
15. "Love Yourz" by J. Cole.
16. "Enchanted" by Taylor Swift.
17. "Tennessee Orange" Megan Moroney.
18. "Fallen Star" by The Neighbourhood.
19. "Tattoos" by Tyler Childers.
20. "It's A Great Day To Be Alive" by Travis Tritt.
21. "San Diego" by blink-182.
22. "The Lazy Song" by Bruno Mars.
23. "You Belong With Me" by Taylor Swift.
24. "Dah Dah DahDah" by Nardo Wick.
25. "Oh Okay (feat. Yung Thug & Lil Baby)" by Gunna, Yung Thug, Lil Baby.
26. "Come as You Are" by Zach Bryan.
27. "Man of my Word" by Lil Baby, Lil Durk.
28. "All Of The Lights" by Kanye West.
29. "Cocoon" by Catfish and the Bottleman.
30. "Cameras / Good Ones Go Interlude"

Don't forget that the Clarion has many bangers, like this one, on our Spotify! To the left is the code for the Student Playlist and below is for our profile on Spotify!



[Clarion Online link for the more tech-savvy](#)



[Another Clarion Online Link, for those who need options](#)

Another Look At Upcoming Fall Fashion

By Cat Keenan
Opinion Writer

Recently, we took a look at the upcoming fashion trends we may see in fall. As we close in on the end of September, we are nearing the beginning of arguably, the best month for fashion: October. With spooky season right around the corner, let's take a look at some must-haves this impending month.

Chunky sunglasses are certainly coming back in. We saw a glimpse of them last year especially during the summer season, but now they are coming back chunkier than ever. Going with the sunglasses trend, we are also seeing wrap-around sunglasses making a statement. Due to models during New York Fashion Week this past month wearing them, we are seeing them rise back to popularity.

Along with chunky sunglasses, chunky boots are coming back into trend as well. Whether you are going out for a night with friends or hitting the library, knee-high boots are definitely a way to go. We are seeing these come back in matched with the mini-skirt and long jacket look.

Another thing we are seeing come back in is surprisingly, Uggs. Specifically, the minis. These are easily paired with any outfit and are definitely favored due to their immense comfortability.

With the whole leather jacket style coming back in, we are also seeing a glimpse of bomber jackets making an appearance once again. A good bomber jacket is certainly a staple in every closet. Blazers specifically over mini-dresses are coming back in as well, with them being such an easy thing to throw together, nobody is complaining.

Maxi-skirts are entering the spotlight as well, especially the 60's esque looking ones. These are for sure something that most every closet should have. Cargo skirts are also making an entrance. We haven't seen many of these since the early 2000's, but we are certainly seeing them now.

Preview for a near future issue:

Hey BC, watch out for our next issue because the identity of mascot squirrel NADO might be revealed...
What will happen?

Weekly Horoscopes

By Anna Ervin
Co-Editor in Chief

Aries, take care of business today. Do what you need to do and be done with it. Procrastination today will not work out for you tomorrow.

Taurus, your goals may need the help of others. If you have a problem, don't hesitate to ask someone around you to collaborate. It doesn't take away from the work you've already done.

Gemini, you're falling out of the routine you set for yourself, and it's affecting you negatively. Find the balance again. It's okay to fall off the wagon, as long as you try to get back on.

Cancer, you're dreaming big, and that's good, but don't let it get in the way of what

you're doing now. Take things one day at a time.

Leo, you are ready to take the lead. Step into what assets you have. You know what job you need to do, and you have the capability to do it well.

Virgo, express yourself. You've been holding in a lot lately, whether that be creatively or emotionally, and you need to let that out. Holding it in will only cause you to wallow in it.

Libra, new opportunities may look good on the surface, but make sure you look into them before you actually commit. Keep some of the practicality and solid foundation you have close by.

Scorpio, take time for yourself. Do some of your favorite activities, and eat some of your

favorite foods. Things are going to look up.

Sagittarius, start planning for what happens next. You have a lot of options, but it's good to create a solid foundation so that you can execute those plans.

Capricorn, look at deepening the relationships around you. They really do like being around you, so don't hold yourself back.

Aquarius, you are passionate about something. Investigate that, and let it guide you to a new project or idea. Don't be afraid of the idea of starting something new.

Pisces, follow your curiosity where it wants to go. Look at life outside the point that it's at now. Take a chance, and go.

Brevard College Field Trips

Service trip with ENV 250



Photo by Destini Pettit



Photo by Destini Pettit

This was the ENV 250: Skills for Sustainable Living class. We went to the Rice Street Community Gardens at St. Philips Episcopal Church on Wednesday. We learned about seasonal planting, composting, and organic gardening from Dolores Brown who is the garden manager. We also volunteered for one hour and helped clean up the garden space and get it ready for the fall.

—Dr. Destini Pettit



Photo by Destini Pettit

Senior Profile

Haley Flippin to graduate!

By Caroline Hoy
Co-Editor in Chief

Haley Flippin is a senior Biology major from Yadkin County, North Carolina. Some people may know Flippin by her role in the library late many nights or as a member of the agriculture club. Well in May, Flippin will be graduating from Brevard College.

Flippin was asked why she came to Brevard College and she said, "I came to Brevard because of the close knit community, and I wanted to gain more hands on experience."

Flippin is very excited to graduate and she has a plan lined up for when she graduates she said that she plans "... to (do an) internship at a wildlife rehabilitation and build my graduate school applications for veterinary school." Flippin's dream is to be a veterinarian and has worked very hard towards that goal; she chose to become a biology major to do so.

Flippin was asked how her goals changed over the years and she said, "I do not think my goals have changed, if anything it has become more clear that what I want to do is help

animals and educate people about animal care."

Something you wouldn't expect in Flippin's future is that she said that she dreams of "build(ing) my own tiny house out of shipping containers." That is not the only thing that Flippin does that you wouldn't expect, she also can speak in American Sign Language, ASL. She enjoys talking in ASL and wishes she could use it more.

Flippin is well known for her happy nature and being someone you can always call which will be sad when Brevard College loses that amazing helpful nature of hers when she graduates.

One day, when Flippin owns her own veterinary office and helps farms with all their livestock then we will all say that we knew it would happen because Flippin always works hard towards her goals. Flippin says, "I have kept true to myself" and we should all take her advice.



Haley Flippin!

Senior Profile

Franklin's finest gears up for home stretch

By Brady Penn
Staff Writer

Brevard is no stranger to having star-studded DB rooms on the football field over the last few years.

Guys like Dante Anderson, Wesley Ross and others have headlined the groups of years past, and a senior has been leaving even more of a footprint this season.

Tyler Harrison is a 5'10" Senior from Franklin, North Carolina. He has seen action for the Tornados every season he has been here, including being thrown in against eventual playoff team Huntingdon College in his freshman year.

In 2020, Harrison appeared in spurts on Special Teams and in the secondary for the Nados. In last season's 2021 campaign, Harrison made his mark, recording two pick-

sixes and fifty tackles from the Nickel spot.

I sat down with Tyler with a few questions as the final stretch run comes up rapidly for the Brevard Nickel back.

BP (Brady Penn): What are some of your favorite moments playing tornado football?

TH (Tyler Harrison): Playing football is the best moment of all, but whenever we won a ring, that moment was pretty high on the charts. Whenever I was able to snag two pick 6', that moment was a different feeling, just knowing I can do those types of things.

BP: How are you feeling about the rest of the season?

TH: I have a great feeling about the rest of the season. We have had to battle adversity, but I feel like the team has grown to a different level,

and I am looking forward to conference play

BP: What is something that most people don't realize goes into playing football at Brevard?

TH: Your time you have. Things you usually get to do and having a ton of fun outside of sports are gone. Whenever you're in season, you have to make sure school comes first, and then the rest of your time is dedicated to bettering yourself on the football field.

BP: Who are some of the people that inspire you?

TH: My parents. They both have worked very hard for what they have in life, and were able to let me come to Brevard and continue playing football.

Article continues on page 8

Continued- Senior Profile

Franklin's Finest Gears up for Home Stretch

BP: What are you going to miss the most about playing football at BC?

TH: The bond the team has with each other. Being able to go out there and play with some of your best friends.

BP: What is your message to all of the young guys on the team?

TH: Continue to put the work in, man. Make your time to yourself the most valuable thing. You determine where you go, whether that is in life or on the field.

BP: What do you want to leave everyone with as you wrap up your career?

TH: I want to leave with the intention to be a good example and give it my all. I would say to leave it on the field and in the classroom. You won't have many regrets.

BP: What would you have done differently at any point in your brevard career?

TH: I would have made my solo time more useful in the beginning. I got into college and thought I had it made already, but in reality, I was just getting started. If you cheat yourself, you cheat the people who believe in you.



Photo by Brevard College

Tyler Harrison

Graduate Profile

Nirvanna Silva, Personality Plus a Tennis Racquet

By Paul Morgan
Clarion Contributor

When one mentions the name Nirvanna Silva to anyone who knows her, especially her BC Class of 2016 classmates and tennis teammates, the response is always much the same: a huge smile.

The Mexico City native was a major presence while at BC, both as a student and as a tennis athlete. While it's become a bit of a cliché, her personality is, truly, that of someone who lights up a room. Add the the fact that she was a Dean's List/Magna Cum Laude graduate with a 3.8 GPA, and you begin to get the idea.

While at BC, Nirvanna compiled an impressive list of credentials, including playing in the No. 1 and 2 singles slots in women's tennis, being tapped for membership in the Sigma Beta Delta International Honor Society, receiving the BORG Outstanding Four Year Academic Performance award and serving as president of BC's International Club.

She also represented Brevard College on the NCAA Women's Tennis Advisory Committee, tutored in BC's Academic Enrichment Center and completed local marketing internships at the Brevard Music Center and Food Matters Market.

Following her 2016 graduation, Nirvanna completed a summer internship with the prestigious Atlanta-based financial advising firm Nicholas Hoffman & Company. So impressed were the folks at Hoffman that they then hired her as a full-time employee.

She is still with that firm, and her Atlanta boss Nick Hoffman obviously values her work. "Nirvanna's willingness to work hard and learn our business from the ground up was accompanied by her special flair for life and for people, he said. "We are an entrepreneurial firm and she fits right in. She's a quick study who adds valuable insights to our business process, and she does it with inimitable charm."

"I was really lucky to land at BC," Nirvanna said. "A friend who was on the golf team made me aware of the need for women tennis players, so I sent a resume tape to the coach, and was



Photo given by Paul Morgan

Nirvanna Silva and teammate David Taggart

thrilled to be offered a scholarship.

"I found a sense of community at Brevard that I had never experienced before," she continued. "That sense of being welcomed and embraced by the BC family was beyond special and is still with me today. I felt supported and at home."

Nirvanna has continued to indulge her passion for the game of tennis. After moving to Atlanta she immediately became a part of the 20-something vibe there, becoming active in several amateur tennis leagues, with her coed team winning several City of Atlanta championships. She also participated in an after school outreach program, teaching tennis to Hispanic youth.

Like all would-be American citizens, Nirvana has had to do battle with the layers of bureaucracy that make up the U.S. Immigration Service. "After ten long years," she said. "I am, finally, in the process of applying for a Green Card. It looks like, within the next 18 months, I will become an American citizen."

Asked about the current situation on the U.S. Southern Border, she said, "most of all I find that situation to be very sad. One would hope that two countries that depend so much on each other would find a way to make immigration work more smoothly, but until there is both the political will and the money to find answers, I don't see a quick solution."

So, is there life after BC?

If Nirvanna Silva is an example, her years on this campus quite clearly prepared her well for both a successful professional, and a vibrant and active personal life.

Student burn-out is very real and affecting Brevard College students

By Anna Ervin
Co-Editor in Chief

Lately, I've felt like I am drowning in work and responsibility, with no real way to manage it all and no real goals moving forward. I just coast by doing the bare minimum of what I need to do, knowing full well that I am capable of so much more, and no achievement feels good enough to celebrate. I feel incredibly burnt out.

What is burnout? The term itself is from the 1970's; according to *The National Library of Medicine*, burnout is defined as "a psychological syndrome emerging as a prolonged response to chronic interpersonal stressors on the job." This definition included, many definitions focus on the aspects of burnout related to your job.

There are articles upon articles on how burnout can be caused by your job and what to do about it like the article *Burnout Is About Your Workplace, Not Your People* by Jennifer Moss or *Job Burnout: How to spot it and take action* published by the Mayo Clinic staff.

These conversations are important to have and continue having, but there are not as many resources or conversations about it as it pertains to students.

People compare school to a job, and in some ways it can be compared, but I see school as a completely different entity. In school, we have to take a plethora of different classes, from religion to math, and many that we may never use in our careers. We balance sports, education and school and community involvement, and, for comparison, many students work more than 40 hours a week, just for school.

College is a whole different ballpark in life. You're out of the house with newfound freedom but are also grappled with the weight of responsibility. It is a big adjustment, and that isn't always recognized or talked about. College is said to be one of the best times of your life, but it doesn't always start that way.

As a community of students, we are finally starting to regain control after COVID-19. In my first year of college, there were almost no activities around campus. I almost exclusively just had class.

Now we are getting back to "the way things were," but at what cost? I feel like I am in my freshman year of college because I am having to relearn what life means at Brevard College.

The shift back into normalcy is stressful and awkward, and it's riddled with the leftover tension and worry that we will shut down again.

Brevard College specifically is a liberal arts college, and as someone who has no idea what I want after college, I loved the idea of getting to do many things at once. The problem lies in the execution. Many teachers are understanding of complex schedules, but many aren't.

This is an expensive school. There are people working part and full-time jobs to afford to be a student full-time here. Scholarship maintenance is key, especially with out of state students.

Coupled with an athletics-dominated school, many students are juggling a lot. Majors don't always like to share their students, so students spread themselves thin to do everything they want to do.

You could call this a lack of personal balance, but really, I think we are allowed to be tired. You could tell me to drop what I love to do, but would that be considered balance?

"We balance sports, education and school and community involvement, and, for comparison, many students work more than 40 hours a week, just for school."

BC men's soccer win fourth game in a row

By Paul Bienefeld
Staff Writer

After 24 minutes the game was already decided and the team of head coach L D'Anna managed to get the next victory. The first home match of the season on Sep. 21 against Berea started spectacularly.

After seven minutes a free kick from a half-left position was made 30 yards from goal. Ryan Lynch takes it and ice coldly sinks the ball into the upper right corner of the goal.

The early lead gives the Tornados the necessary security to play free. In contrast to recent games, Brevard College continues to play forward. Numerous scoring chances are the result of this pressure phase. Berea hardly gets into the Tornados' half during this phase.

In the 19th minute, the defense of the guests from Kentucky can no longer hold. Ryan Lynch dribbles into the penalty area via the left side and is not seriously tackled. The attacker from Charlotte does not miss this opportunity and shoots on goal for 2-0.

Even after this goal, the Tornados do not stop playing forward. So it came as it had to come: The 3-0 after 24 minutes. Again, it is Ryan

Lynch who dribbles over the left side into the penalty area. This time, however, he does not finish himself, but sees Sam O'Callaghan on the other side. Lynch with a low cross into the box. The ball is deflected slightly by a defender, but this does not prevent O'Callaghan from shooting the ball into the goal.

The score is 3-0 going into halftime, with Coach L substituting many new players. Many players get minutes of play. However, the many changes also bring a little unrest into the game of the Tornados. This allows Berea to awaken once again. Numerous dangerous attacks roll towards the goal of the Tornados. But, none of the 10 shots finds the way into the goal.

So, the game goes completely deserved and unthreatened to the BC Tornados. After a bad start to the season, the fourth win in a row could now be brought in. The team from Brevard is thus again in a very good starting position. After a weekend off, the Tornados await the Asbury team on Sept. 28 at Ives-Lemel Family Field. Kickoff is at 4:00 p.m.



Photo by Brevard College

Brevard College Men's Soccer for the win!

A loss to kick off conference play for WSOC

By Scott Douglas
Staff Writer

The conference games have begun and the Tornados didn't start the way anyone would have dreamed. This past week saw the Women's soccer team win a regular season game on Wednesday, and lose a conference game on Saturday.

On Wednesday, Sept. 21, Women's soccer travelled to Toccoa Falls, GA to take on Toccoa Falls College. Safe to say the journey back home was a great one, they left Georgia with a 7-0 victory.

Brevard College saw all seven goals scored by 6 different players! Grace Black (her fourth goal of the season), Maddy Edwards (her first of the season), Emma White (her third of the season), Emma Barnes (her first of the season), Olivia Guillermo (her first of the seasons) and Kiara Porcelli scored two (her first and second of the season).

A very strong display by the Tornados. That meant that the Tornados had kept five clean sheets out of seven games and had scored 21 goals in the same amount of games.

Saturday, Sept. 24, luck just wasn't on the Tornados side. Brevard College Women's Soccer travelled to Rocky Mount, N.C, for their first conference game of the season, to take on N.C Wesleyan

Inside the first 17 minutes the Tornados saw themselves trailing 3-0. They didn't manage to reply until the final five seconds of the game, making the final score 3-1.

Tornado's goal was scored by grad student Emma White. She has scored 3 goals in 4 games, this goal was her 4th of the season.

The score line did not reflect how close of a game this was. Outside of the first part of the first half, the Tornados were able to keep the Battling Bishops quiet.

Both teams' goalkeepers produced eight saves. Wesleyan out shot Brevard by 3, BC having 12, Wesleyan having 15. Tornados had 5 corners, Bishops had 3.

It was a very difficult defeat to take with the game statistics being so close. This is the Tornado's third defeat but there is no time to feel defeated because the games continue to come thick and fast.

The last two times the Women's soccer team took a loss, they bounced back tremendously. Can they pull that magic once again?