

**B.A. Physical Education and Recreation
2023-2024**

Name: _____ ID#: _____ Anticipated Grad Date: _____

MAJOR REQUIREMENTS: (21 semester hours)

<u>Cr Hrs.</u>	<u>Course</u>	<u>Term</u>	<u>Grade</u>
<u>Required Courses:</u>			
BIO 105 Concepts in Biology..... 4	_____	_____	_____
OR BIO 120 Intro to Cellular & Molecular Biology			
EXS 213 Principles of Nutrition 3	_____	_____	_____
HLT 201 Personal/Community Health and Wellness. 3	_____	_____	_____
HLT 202 First Aid, CPR and Wellness 3	_____	_____	_____
PER 340 Physical Education Pedagogy..... 3	_____	_____	_____
WLE 220 Theory and Practice of Experiential Education..... 3	_____	_____	_____
WLE 260 Facilitation of Group Games & Initiatives 2	_____	_____	_____

Choose Concentration 1 or 2

CONCENTRATION 1 Physical Education Teacher Licensures (32 semester hours)

Required Courses:

EXS 210 Foundations of Anatomy & Physiology 4	_____	_____	_____
EXS 301 Applied Sport Physiology 4	_____	_____	_____
Or EXS 310 Exercise Physiology			
EXS 312 Motor Learning and Control..... 3	_____	_____	_____
EXS 320 Biomechanics in Exercise and Sport..... 3	_____	_____	_____
HLT 341 Health Education Methods/Applications 3	_____	_____	_____
PER 110 Introduction to Physical Ed. And Recreation..... 3	_____	_____	_____
PER 215 Team Sports Teaching Methodology 3	_____	_____	_____
PER 216 Lifetime Sports Teaching Methodology..... 3	_____	_____	_____
PER 280 Adapted Physical Education 3	_____	_____	_____
PER 311 Assessment in Health, Physical Ed. And Sport 3	_____	_____	_____

Teacher Licensure Courses (34 semester hours)

Required Courses:

EDU 205 21 st Century Teacher & Learner 3	_____	_____	_____
EDU 220 Education Psychology..... 3	_____	_____	_____
Or PSY 230 Human Development			
EDU 303 Diverse & Exceptional Learners..... 3	_____	_____	_____
EDU 304 Teaching in a Digital Age 3	_____	_____	_____
EDU 305 Facilitation of Learning..... 3	_____	_____	_____
EDU 401 Student Teaching Seminar 2	_____	_____	_____
EDU 410 K-12 Student Teaching 14	_____	_____	_____
PSY 101 Introduction to Psychology 3	_____	_____	_____

Restricted Electives (6 semester hours)

PER 240 Introduction to Theories/Techniques of Coaching 3	_____	_____	_____
PHE 101-191 Physical Education Activity Courses..... 1each	_____	_____	_____
WLE 151-159 Wilderness Leadership Activity Courses 1each	_____	_____	_____

(Students who are unable to pass the Praxis I exams will be advised to move to the BA in Exercise Science degree or Concentration 2: Recreation.)

TOTAL HOURS REQUIRED MINIMUM 93 SEMESTER HOURS

CONCENTRATION 2 Recreation: (25 semester Hours)

Required Courses:

EDU 303 Diverse & Exceptional Learners.....	3	_____	_____	_____
PER 215 Team Sports Teaching Methodology	3	_____	_____	_____
PER 216 Lifetime Sports Teaching Methodology.....	3	_____	_____	_____
REC 101 Introduction to Park and Recreation	3	_____	_____	_____
WLE 102 Outdoor Living Skills	3	_____	_____	_____
WLE 151-159 Wilderness Leadership Activity Courses	2	_____	_____	_____
WLE 291 Internship Prep.....	1	_____	_____	_____
REC 469 Senior Internship	6	_____	_____	_____

Restricted Electives: (13 Semester Hours - minimum)

HLT 341 Health Education Methods & Applications.....	3	_____	_____	_____
PER 240 Introduction to Theories/Techniques of Coaching	3	_____	_____	_____
PER 280 Adapted Physical Education	3	_____	_____	_____
PER 311 Assessment in Health, Physical Education and Sport ..	3	_____	_____	_____
PHE 101-191 Physical Education Activity Courses.....	1each	_____	_____	_____
PSY 355 Sport Psychology	3	_____	_____	_____
WLE 151-159 Wilderness Leadership Activity Courses	1each	_____	_____	_____

TOTAL HOURS REQUIRED

MINIMUM 59 SEMESTER HOURS

GRADUATION REQUIREMENTS:

- Minimum 124 semester hours
- Minimum cumulative GPA of at least 2.0 in all coursework at Brevard and minimum cumulative GPA of at least 2.0 in all courses required for major. Some majors may have more stringent requirements (see major requirements in catalog)
- Complete a minimum of 32 semester hours at Brevard and complete 50% of major requirements at Brevard.
- Errors contained on the checklist do not release the student from meeting graduation requirements as stated in the catalog