

**B.A. Exercise Science
2023-2024**

Name: _____ ID#: _____ Anticipated Grad Date: _____

MAJOR REQUIREMENTS: 31 Semester Hours

<u>Cr Hrs.</u>	<u>Course</u>	<u>Term</u>	<u>Grade</u>
Required courses:			
	BIO 105 Concepts in Biology or General Biology II		
	OR BIO 120 Intro to Cellular & Molecular Biology.....		
4			
3	EXS 110 Introduction to Exercise Science.....		
4	EXS 210 Foundations of Anatomy & Physiology		
3	EXS 213 Principles of Nutrition		
4	EXS 301 Applied Sport Physiology		
3	EXS 320 Biomechanics in Exercise & Sport		
3	HLT 202* First Aid, CPR, and Wellness		
1	EXS 410 Preparation for Senior Internship		
6	EXS 469 Senior Internship.....		

(*Requirement waived with documentation of current certification in First Aid and Adult CPR; course credit not awarded)

Restricted Electives: (20 semester hours):

Choose 20 hours with a maximum of 6 hours a semester PER 215, 216 and PHE courses and a maximum of 3 hours of academic internship.

4	BIO 220 Human Anatomy & Physiology II.....		
1-3	EXS 269, 369, 469 Academic Internship.....		
1-3	EXS 290, 390, 490 Special Topics.....		
3	EXS 311 Fitness Appraisal		
3	EXS 312 Motor Learning and Control.....		
3	EXS 430 Principles of Strength/Conditioning		
3	HLT 201 Personal and Community Health & Wellness.....		
3	HLT 341 Health Education Methods & Applications.....		
3	ORG 150 Principles Of Sport, Event Tourism Management		
3	ORG 250 Facility and Event Management		
3	PER 215 Team Sports Teaching Methodology		
3	PER 216 Lifetime Sports Teaching Methodology		
3	PER 240 Intro to Theories /Techniques of Coaching.....		
3	PER 280 Adapted Physical Education.....		
3	PER 340 Physical Education Pedagogy.....		
3	PSY 230 Lifespan Development.....		
3	PSY 355 Sports Psychology.....		
2	WLE 260 Facilitation of Group Games & Initiatives.....		
1 each	PHE 101-191 Physical Education Activity Courses.....		
1 each	WLE 151-159 Wilderness Leadership Activity Courses.....		

Any courses in the restricted electives in the B.S. EXS major

TOTAL HOURS REQUIRED

MINIMUM 51 SEMESTER HOURSE

GRADUATION REQUIREMENTS:

- Minimum 124 semester hours
- Minimum cumulative GPA of at least 2.0 in all coursework at Brevard and minimum cumulative GPA of at least 2.0 in all courses required for major. Some majors may have more stringent requirements (see major requirements in catalog)
- Complete a minimum of 32 semester hours at Brevard and complete 50% of major requirements at Brevard.
- Errors contained on the checklist do not release the student from meeting graduation requirements as stated in the catalog