

**Coaching Minor  
2023-2024**

**Name:** \_\_\_\_\_ **ID#:** \_\_\_\_\_ **Anticipated Grad Date:** \_\_\_\_\_

**REQUIRED COURSES: 8 semester hours**

<u>Cr Hrs.</u>	<u>Course</u>	<u>Term</u>	<u>Grade</u>
Required courses:			
EXS 110 Introduction to Exercise Science .....	3	_____	_____
EXS 369 <b>OR</b> 469 Academic Internship .....	2	_____	_____
PER 240 Introduction to Theories/Techniques of Coaching .....	3	_____	_____

Select courses: (14 semester hours minimum)

EXS 213 Principles of Nutrition .....	3	_____	_____
EXS 301* Applied Sport Physiology			
<b>OR</b> EXS 310* Exercise Physiology .....	4	_____	_____
EXS 312 Motor Learning and Control.....	3	_____	_____
EXS 320* Biomechanics in Exercise & Sport.....	3	_____	_____
EXS 290/390 Approved Special Topics.....	3	_____	_____
EXS 430 Principles of Strength and Conditioning .....	3	_____	_____
HLT 202** First Aid, CPR, & Wellness .....	3	_____	_____
PER 215 Team Sports Teaching Methodology .....	3	_____	_____
PER 216 Lifetime Sports Teaching Methodology.....	3	_____	_____
PER 280 Adapted Physical Education .....	3	_____	_____
PER 340 Physical Education Pedagogy.....	3	_____	_____
PSY 355* Sports Psychology .....	3	_____	_____

\* This course requires additional prerequisites.

\*\* Requirement waived with documentation of current certification in first aid and adult CPR.

**TOTAL HOURS REQUIRED**

**MINIMUM 22 SEMESTER HOURS**

**GRADUATION REQUIREMENTS:**

- Minimum 124 semester hours
- Minimum cumulative GPA of at least 2.0 in all coursework at Brevard and minimum cumulative GPA of at least 2.0 in all courses required for major. Some majors may have more stringent requirements (see major requirements in catalog)
- Complete a minimum of 32 semester hours at Brevard and complete 50% of major and minor requirements at Brevard.
- Errors contained on the checklist do not release the student from meeting graduation requirements as stated in the catalog