

**Exercise Science Minor
2023-2024**

Name: _____ ID#: _____ Anticipated Grad Date: _____

REQUIRED REQUIREMENTS: 23 semester hours

	<u>Cr Hrs.</u>	<u>Course</u>	<u>Term</u>	<u>Grade</u>
<i>Required courses: (11 semester hours)</i>				
BIO 105 Concepts in Biology	4	_____	_____	_____
OR BIO 120 Intro to Cellular & Molecular Biology.....	4	_____	_____	_____
BIO 210 Human Anatomy & Physiology I.....	4	_____	_____	_____
OR EXS 210 Foundations of Anatomy & Physiology.....	4	_____	_____	_____
EXS 110 Introduction to Exercise Science.....	3	_____	_____	_____

Electives:

Select courses: (12 semester hours)

EXS 213 Principles of Nutrition.....	3	_____	_____	_____
EXS 301 Applied Sports Physiology.....	4	_____	_____	_____
OR EXS 310 Exercise Physiology.....	4	_____	_____	_____
EXS 290/390 Special Topics.....	1-3	_____	_____	_____
*EXS 311 Fitness Appraisal.....	3	_____	_____	_____
EXS 312 Motor Learning & Control.....	3	_____	_____	_____
EXS 320 Biomechanics in Exercise & Sport.....	3	_____	_____	_____
EXS 369 Internship.....	1-3	_____	_____	_____
EXS 430 Principles of Strength and Conditioning.....	3	_____	_____	_____
HLT 201 Personal & Community Health & Wellness.....	3	_____	_____	_____
OR HLT 202 First Aid, CPR & Wellness.....	3	_____	_____	_____
PER 280 Adapted Physical Education.....	3	_____	_____	_____

*has a prerequisite

TOTAL HOURS REQUIRED

MINIMUM 23 SEMESTER HOURS

GRADUATION REQUIREMENTS:

- Minimum 124 semester hours
- Minimum cumulative GPA of at least 2.0 in all coursework at Brevard and minimum cumulative GPA of at least 2.0 in all courses required for major. Some majors may have more stringent requirements (see major requirements in catalog)
- Complete a minimum of 32 semester hours at Brevard and complete 50% of major and minor requirements at Brevard.
- Errors contained on the checklist do not release the student from meeting graduation requirements as stated in the catalog