

**BA Exercise Science
2022-2023**

Name: _____ ID#: _____ Anticipated Grad Date: _____

MAJOR REQUIREMENTS: 31 hours

	<u>Cr Hrs.</u>	<u>Course</u>	<u>Term</u>	<u>Grade</u>
Required courses: (31 semester hours)				
BIO 105 Concepts in Biology or General Biology II				
OR BIO 120 Intro to Cellular & Molecular Biology.....	4	_____	_____	_____
EXS 110 Introduction to Exercise Science.....	3	_____	_____	_____
EXS 210 Foundations of Anatomy & Physiology	4	_____	_____	_____
EXS 213 Principles of Nutrition	3	_____	_____	_____
EXS 301 Applied Sport Physiology	4	_____	_____	_____
EXS 320 Biomechanics in Exercise & Sport	3	_____	_____	_____
HLT 202* First Aid, CPR, and Wellness	3	_____	_____	_____
EXS 410 Preparation for Senior Internship	1	_____	_____	_____
EXS 469 Senior Internship.....	6	_____	_____	_____

(*Requirement waived with documentation of current certification in First Aid and Adult CPR; course credit not awarded)

Restricted Electives: (20 semester hours):

Choose 20 hours with a maximum of 6 hours a semester EXS 311,312 and PHE courses and a maximum of 3 hours of academic internship.

BIO 220 Human Anatomy & Physiology II.....	4	_____	_____	_____
EXS 269, 369, 469 Academic Internship.....	1-3	_____	_____	_____
EXS 290, 390, 490 Special Topics.....	1-3	_____	_____	_____
EXS 311 Fitness Appraisal	3	_____	_____	_____
EXS 312 Motor Learning and Control.....	3	_____	_____	_____
HLT 201 Personal and Community Health & Wellness.....	3	_____	_____	_____
HLT 341 Health Education Methods & Applications.....	3	_____	_____	_____
ORG 150 Principles Of Sport, Event Tourism Management	3	_____	_____	_____
ORG 250 Facility and Event Management	3	_____	_____	_____
PER 215 Team Sports Teaching Methodology	3	_____	_____	_____
PER 216 Lifetime Sports Teaching Methodology	3	_____	_____	_____
PER 240 Intro to Theories /Techniques of Coaching.....	3	_____	_____	_____
PER 280 Adapted Physical Education.....	3	_____	_____	_____
PER 340 Physical Education Pedagogy.....	3	_____	_____	_____
PSY 230 Lifespan Development.....	3	_____	_____	_____
PSY 355 Sports Psychology.....	3	_____	_____	_____
WLE 260 Facilitation of Group Games & Initiatives.....	2	_____	_____	_____
PHE 101-191 Physical Education Activity Courses.....	1 each	_____	_____	_____
WLE 151-159 Wilderness Leadership Activity Courses.....	1 each	_____	_____	_____

Any courses in the restricted electives in the B.S. EXS major

TOTAL HOURS REQUIRED

MINIMUM 51 SEMESTER HOURSE

GRADUATION REQUIREMENTS:

- Minimum 124 semester hours
- Minimum cumulative GPA of at least 2.0 in all coursework at Brevard and minimum cumulative GPA of at least 2.0 in all courses required for major. Some majors may have more stringent requirements (see major requirements in catalog)
- Complete a minimum of 32 semester hours at Brevard and complete 50% of major requirements at Brevard.
- Errors contained on the checklist do not release the student from meeting graduation requirements as stated in the catalog