

**BA Exercise Science
2017-2018**

Name: _____ ID#: _____ Anticipated Grad Date: _____

MAJOR REQUIREMENTS:

| | <u>Cr Hrs</u> | <u>Course</u> | <u>Term</u> | <u>Grade</u> |
|---|---------------|---------------|-------------|--------------|
| BIO 105 Concepts in Biology or General Biology | | | | |
| OR BIO 120 Cellular & Molecular Biology | 4 | _____ | _____ | _____ |
| EXS 110 Introduction to Exercise Science..... | 3 | _____ | _____ | _____ |
| EXS 210 Foundations of Anatomy & Physiology | 4 | _____ | _____ | _____ |
| EXS 213 Principles of Nutrition | 3 | _____ | _____ | _____ |
| EXS 301 Applied Sport Physiology | 4 | _____ | _____ | _____ |
| EXS 320 Biomechanics in Exercise & Sport | 3 | _____ | _____ | _____ |
| HLT 202* First Aid & CPR | 2 | _____ | _____ | _____ |
| (*Requirement waived with documentation of current certification in First Aid and Adult CPR; course credit not awarded) | | | | |
| OR WLE 201 Lifeguarding..... | 2 | _____ | _____ | _____ |
| EXS 410 Preparation for Senior Internship | 1 | _____ | _____ | _____ |
| EXS 469 Senior Internship..... | 6 | _____ | _____ | _____ |

(Students pursuing teacher licensure in Physical Education must complete EDU 410 in lieu of EXS 410 and EXS 415 as well as other requirements for Teacher Education Licensure)

Restricted Electives – Non-Teacher Licensure (20 Hours):

Choose 20 hours with a maximum of 2 hours from PE and WLE courses and a maximum of 3 hours of academic internship.

| | | | | |
|---|--------|-------|-------|-------|
| BIO 220 Human Anatomy & Physiology II..... | 4 | _____ | _____ | _____ |
| EXS 215 Team Sports Teaching Methodology | 3 | _____ | _____ | _____ |
| EXS 216 Lifetime Sports Teaching Methodology | 3 | _____ | _____ | _____ |
| EXS 240 Introduction to Theories & Techniques of Coaching | 3 | _____ | _____ | _____ |
| EXS 280 Adapted Physical Education..... | 3 | _____ | _____ | _____ |
| EXS 269/369/469 Academic Internship..... | 1-3 | _____ | _____ | _____ |
| EXS 290/390/490 Special Topics | 1-3 | _____ | _____ | _____ |
| EXS 311 Fitness Appraisal..... | 3 | _____ | _____ | _____ |
| EXS 312 Motor Learning and Control..... | 3 | _____ | _____ | _____ |
| EXS 340 Physical Education Pedagogy..... | 3 | _____ | _____ | _____ |
| HLT 201 Health..... | 2 | _____ | _____ | _____ |
| HLT 341 Health Education Methods & Applications..... | 3 | _____ | _____ | _____ |
| ORG 150 Principles of Sport, Event, and Tourism Management.. | 3 | _____ | _____ | _____ |
| ORG 250 Facility & Event Management..... | 3 | _____ | _____ | _____ |
| PSY 230 Lifespan Development..... | 3 | _____ | _____ | _____ |
| PSY 355 Sports Psychology..... | 3 | _____ | _____ | _____ |
| WLE 260 Facilitation of Group Games & Initiatives..... | 2 | _____ | _____ | _____ |
| PHE 101-191 Physical Education Activity Courses..... | 1 each | _____ | _____ | _____ |
| WLE 151-159 Wilderness Leadership Activity Courses..... | 1 each | _____ | _____ | _____ |
| Any courses in the restricted electives in the B.S. EXS major | varies | _____ | _____ | _____ |

Restricted Electives – Teacher Licensure (20 Hours):

Students pursuing teacher licensure in Health and Physical Education must complete these courses as their restricted electives as well as other requirements for Teacher Education Licensure.

| | | | | |
|---|---|-------|-------|-------|
| EXS 240 Introduction to Theories & Techniques of Coaching | 3 | _____ | _____ | _____ |
| EXS 280 Adapted Physical Education..... | 3 | _____ | _____ | _____ |
| EXS 340 Physical Education Pedagogy..... | 3 | _____ | _____ | _____ |
| HLT 201 Health..... | 2 | _____ | _____ | _____ |
| HLT 341 Health Education Methods & Applications..... | 3 | _____ | _____ | _____ |

And choose 6 hours (3 hours must be from EXS 215 or 216):

| | | | | |
|--|---|-------|-------|-------|
| EXS 215 Team Sports Teaching Methodology | 3 | _____ | _____ | _____ |
| EXS 216 Lifetime Sports Teaching Methodology | 3 | _____ | _____ | _____ |
| EXS 312 Motor Learning and Control..... | 3 | _____ | _____ | _____ |

| | | | | |
|--|--------|-------|-------|-------|
| PHE 101-191 Physical Education Activity Courses..... | 1 each | _____ | _____ | _____ |
| WLE 151-159 Wilderness Leadership Activity Courses | 1 each | _____ | _____ | _____ |

Professional Studies Requirements for Teacher Licensure (34 Hours)

Professional Studies:

| | | | | |
|--|----|-------|-------|-------|
| EDU 205 21st Century Teacher & Learner..... | 3 | _____ | _____ | _____ |
| EDU 303 Diverse and Exceptional Learners | 3 | _____ | _____ | _____ |
| EDU 304 Teaching in the Digital Age | 3 | _____ | _____ | _____ |
| EDU 305 Facilitation of Learning..... | 3 | _____ | _____ | _____ |
| EDU 401 Student Teaching Seminar | 2 | _____ | _____ | _____ |
| EDU 410 K-12 Student Teaching | 14 | _____ | _____ | _____ |
| PSY 101 General Psychology | 3 | _____ | _____ | _____ |
| PSY 230 Human Development..... | 3 | _____ | _____ | _____ |

*EDU 340 and WLE 220 are not required but highly recommended.

Note: For Methods courses please see major requirements.

* For transfer courses indicate grade of T and in course column indicate transfer course prefix and number; if a course substitution, attach course substitution form.

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| <p>GRADUATION REQUIREMENTS:</p> <ul style="list-style-type: none"> • Minimum 124 semester hours • Minimum cumulative GPA of at least 2.0 in all coursework at Brevard and minimum cumulative GPA of at least 2.0 in all courses required for major. Some majors may have more stringent requirements (see major requirements in catalog) • Complete a minimum of 32 semester hours at Brevard and complete 50% of major requirements at Brevard. • Errors contained on the checklist do not release the student from meeting graduation requirements as stated in the catalog |
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