

**BA Exercise Science  
2020-2021**

Name: \_\_\_\_\_ ID#: \_\_\_\_\_ Anticipated Grad Date: \_\_\_\_\_

**MAJOR REQUIREMENTS: (31 hours)**

<u>Cr Hrs.</u>	<u>Course</u>	<u>Term</u>	<u>Grade</u>
4	BIO 105 Concepts in Biology or General Biology II.....	_____	_____
4	OR BIO 120 Cellular & Molecular Biology.....	_____	_____
3	EXS 110 Introduction to Exercise Science.....	_____	_____
4	EXS 210 Foundations of Anatomy & Physiology .....	_____	_____
3	EXS 213 Principles of Nutrition .....	_____	_____
4	EXS 301 Applied Sport Physiology .....	_____	_____
3	EXS 320 Biomechanics in Exercise & Sport .....	_____	_____
3	HLT 202* First Aid, CPR, and Wellness .....	_____	_____
1	EXS 410** Preparation for Senior Internship.....	_____	_____
6	EXS 469** Senior Internship.....	_____	_____

(\*Requirement waived with documentation of current certification in First Aid and Adult CPR; course credit not awarded)

(\*\*Students pursuing teacher licensure in Physical Education must complete EDU 410 in lieu of EXS 410 and EXS 415 as well as other requirements for Teacher Education Licensure)

**Restricted Electives – Non-Teacher Licensure (20 Hours):**

*Choose 20 hours with a maximum of 6 hours a semester EXS 215, 216 and PHE courses and a maximum of 3 hours of academic internship.*

4	BIO 220 Human Anatomy & Physiology II.....	_____	_____
1-3	EXS 269, 369, 469 Academic Internship.....	_____	_____
1-3	EXS 290, 390, 490 Special Topics.....	_____	_____
3	EXS 311 Fitness Appraisal.....	_____	_____
3	EXS 312 Motor Learning and Control.....	_____	_____
3	HLT 201 Personal and Community Health & Wellness.....	_____	_____
3	HLT 341 Health Education Methods & Applications.....	_____	_____
3	PER 215 Team Sports Teaching Methodology .....	_____	_____
3	PER 216 Lifetime Sports Teaching Methodology .....	_____	_____
3	PER 240 Intro to Theories /Techniques of Coaching.....	_____	_____
3	PER 280 Adapted Physical Education.....	_____	_____
3	PER 340 Physical Education Pedagogy.....	_____	_____
3	PSY 230 Lifespan Development.....	_____	_____
3	PSY 355 Sports Psychology.....	_____	_____
2	WLE 260 Facilitation of Group Games & Initiatives.....	_____	_____
1 each	PHE 101-191 Physical Education Activity Courses.....	_____	_____
1 each	WLE 151-159 Wilderness Leadership Activity Courses.....	_____	_____

*Any courses in the restricted electives in the B.S. EXS major*

**Restricted Electives – Teacher Licensure\* (20 Hours):**

*Students pursuing teacher licensure in Health and Physical Education must complete these courses as their restricted electives as well as other requirements for Teacher Education Licensure.*

3	HLT 201 Personal and Community Health & Wellness.....	_____	_____
3	HLT 341 Health Education Methods & Applications.....	_____	_____
3	PER 240 Introduction to Theories/Techniques of Coaching .....	_____	_____
3	PER 280 Adapted Physical Education.....	_____	_____
3	PER 340 Physical Education Pedagogy.....	_____	_____

**Choose 6 hours (3 hours must be from PER 215 or 216):**

3	PER 215 Team Sports Teaching Methodology .....	_____	_____
3	EXS 312 Motor Learning and Control.....	_____	_____
3	PER 216 Lifetime Sports Teaching Methodology.....	_____	_____

PHE 101-191 Physical Education Activity Courses.....	1 each	_____	_____	_____
WLE 151-159 Wilderness Leadership Activity Courses .....	1 each	_____	_____	_____

**Professional Studies Requirements for Teacher Licensure (34 Hours)**

Professional Studies:

EDU 205 21st Century Teacher & Learner.....	3	_____	_____	_____
EDU 303 Diverse and Exceptional Learners .....	3	_____	_____	_____
EDU 304 Teaching in the Digital Age .....	3	_____	_____	_____
EDU 305 Facilitation of Learning.....	3	_____	_____	_____
EDU 401 Student Teaching Seminar .....	2	_____	_____	_____
EDU 410 K-12 Student Teaching .....	14	_____	_____	_____
PSY 101 General Psychology .....	3	_____	_____	_____
PSY 230 Human Development.....	3	_____	_____	_____

\*EDU 340 and WLE 220 are not required but highly recommended.

Note: For Methods courses please see major requirements.

\* For transfer courses indicate grade of T and in course column indicate transfer course prefix and number; if a course substitution, attach course substitution form.

<p><b>GRADUATION REQUIREMENTS:</b></p> <ul style="list-style-type: none"> <li>• Minimum 124 semester hours</li> <li>• Minimum cumulative GPA of at least 2.0 in all coursework at Brevard and minimum cumulative GPA of at least 2.0 in all courses required for major. Some majors may have more stringent requirements (see major requirements in catalog)</li> <li>• Complete a minimum of 32 semester hours at Brevard and complete 50% of major requirements at Brevard.</li> <li>• Errors contained on the checklist do not release the student from meeting graduation requirements as stated in the catalog</li> </ul>
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