

**Coaching Minor  
2017-2018**

Name: \_\_\_\_\_ ID#: \_\_\_\_\_ Anticipated Grad Date: \_\_\_\_\_

| <b><u>REQUIRED COURSES (8 Hours):</u></b>                       | <b><u>Cr Hrs</u></b> | <b><u>Course</u></b> | <b><u>Term</u></b> | <b><u>Grade</u></b> |
|---|----------------------|----------------------|--------------------|---------------------|
| EXS 110 Introduction to Exercise Science .....                  | 3                    | _____                | _____              | _____               |
| EXS 240 Introduction to Theories & Techniques of Coaching ..... | 3                    | _____                | _____              | _____               |
| EXS 369 <b>OR</b> 469 Academic Internship .....                 | 2                    | _____                | _____              | _____               |

**Select a minimum of 14 credit hours:**

|  |   |       |       |       |
|--|---|-------|-------|-------|
| EXS 213 Principles of Nutrition .....              | 3 | _____ | _____ | _____ |
| EXS 215 Team Sports Teaching Methodology .....     | 3 | _____ | _____ | _____ |
| EXS 216 Lifetime Sports Teaching Methodology ..... | 3 | _____ | _____ | _____ |
| EXS 280 Adapted Physical Education.....            | 3 | _____ | _____ | _____ |
| EXS 301* Applied Sport Physiology                  |   |       |       |       |
| <b>OR</b> EXS 310* Exercise Physiology .....       | 4 | _____ | _____ | _____ |
| EXS 312 Motor Learning and Control.....            | 3 | _____ | _____ | _____ |
| EXS 320* Biomechanics in Exercise & Sport .....    | 3 | _____ | _____ | _____ |
| EXS 340 Physical Education Pedagogy.....           | 3 | _____ | _____ | _____ |
| EXS 290/390 Approved Special Topics.....           | 3 | _____ | _____ | _____ |
| HLT 202** Health, First Aid/CPR.....               | 2 | _____ | _____ | _____ |
| PSY 355 Sports Psychology.....                     | 3 | _____ | _____ | _____ |

\* This course requires additional prerequisites.  
 \*\* Requirement waived with documentation of current certification in first aid and adult CPR.

**TOTAL HOURS REQUIRED MINIMUM 22 SEMESTER HOURS**

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| <p><b>GRADUATION REQUIREMENTS:</b></p> <ul style="list-style-type: none"> <li>• Minimum 124 semester hours</li> <li>• Minimum cumulative GPA of at least 2.0 in all coursework at Brevard and minimum cumulative GPA of at least 2.0 in all courses required for major. Some majors may have more stringent requirements (see major requirements in catalog)</li> <li>• Complete a minimum of 32 semester hours at Brevard and complete 50% of major and minor requirements at Brevard.</li> <li>• Errors contained on the checklist do not release the student from meeting graduation requirements as stated in the catalog</li> </ul> |
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