



# Student experience at Psychonomics Conference

By Wesley Fletcher  
Brevard College Student

In the Fall of 2021, I began working with Dr. Allison O'Leary to brainstorm an idea for my thesis in psychology. I never dreamed that I would have the opportunity to present that project at an actual, professional conference! I originally presented my thesis at the school's poster symposium last spring. Following that, Dr. O'Leary strongly encouraged me to apply to present the project at a conference. So I applied. To my surprise, we were formally accepted to present at a poster session at the 2022 Psychonomics International Conference in psychology being held in Boston, MA!

The project is an original experiment and research project that Dr. O'Leary and I have been working on for the past year. I'm proud to see it bear so much fruit. The goal of the experiment was to examine how manipulating metacognitive thinking would affect an individual's willingness to change their beliefs. Metacognition refers to one's thinking or cognition about their own thoughts. An example of metacognition is acknowledging a mistake made while typing a sentence in an email.

The idea of being invited to present research at an academic conference as an undergraduate student was nerve wracking, to say the least. Dr. O'Leary helped make sure that I was well prepared. At the conference, presenting felt so natural and it was quite encouraging to be able to have meaningful conversations with other folks in the field about this niche research topic.

The conference itself was actually an exhilarating experience. I went to a handful of symposiums and poster sessions where I got to connect with other graduate students, faculty, and post-doctorates from around the world. I learned about their research, and got some invaluable insight into the world of psychology.

I am so thankful to have had this opportunity as an undergraduate. Presenting at a professional conference is a valuable addition to resumes and graduate school applications. I hope to encourage other students at Brevard to aim at attending professional conferences. They are a great way to push your own limits and expectations as a student and encourage academic and professional growth.

Lastly, after reflecting on my past four years at Brevard, I want to extend my gratitude to Dr. O'Leary for encouraging and supporting my education. Without her dedication and support, I likely would never have had the confidence or opportunity to push myself to attend this conference.

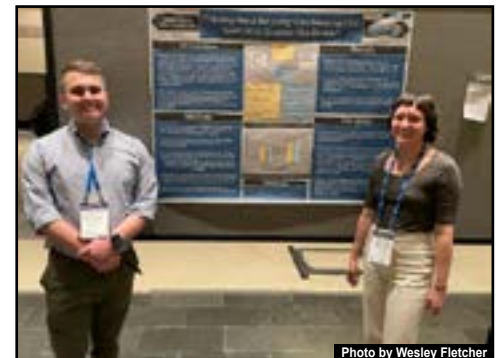


Photo by Wesley Fletcher

Senior psychology major Wesley Fletcher and Dr. Allison O'Leary present their research at the 2022 Psychonomics annual conference.

**Attention Students:**  
Brevard College is pleased to announce that we reopened Coltrane! Late night is open Monday thru Thursday, from 8 p.m. to 10 p.m. this semester.



# Review of Rock Music

By Bailee Harding  
Staff Writer

Rock is no new concept to many people, and it can be classified in many different ways. With this genre comes other genres and it has changed throughout the age. From Heavy Metal to Hair Metal, Screamo to Alternative and other subgenres of Rock music.

The change can be a little confusing and of course we can't understand now without understanding its rich history. So let's go back to the basics.

The style of rock music was established in the mid-1950s and evolved throughout the 1960s. It has been described as a merger of country music and R&B (Rhythm and Blues). However, if it were that simple, it would have existed long before it burst into the national consciousness.

The seeds of rock had been in place for decades but they bloomed in the mid-1950s. Rock music was actually started by black culture and came from black churches combining harmonies. Disc jockeys such as Alan Freed, Dewey Phillips, and William "Hoss" Allen created rock 'n' roll radio by playing hard driving, raunchy R&B and Blues records.

That introduced white, suburban teenagers to a culture that sounded more exotic, thrilling and illicit than what they were used to. In 1954 is when you find the king of rock 'n' roll, Elvis Presley, a handsome white singer with the voice of a black man. Presley incorporated everything from hillbilly rave-ups to pop-crooner ballads. In his wake came singers like Little Richard, Chuck Berry, Bo Diddley, Buddy Holly, Eddie Cochran, Gary Lewis and more. It all targeted

one central audience: teenagers. And the genre rock 'n' roll was established.

Over the years, the music has changed and it has crossed into different genres, like pop, country, rap, reggae, grunge, and many others. There was no distinct sound in rock, but over the years the rise of the lead guitar was when rock 'n' roll switched to Rock; the power chords of guitars were popularized.

To tell you the truth, understanding rock music in all its forms is not as straightforward as we think. It's hard to distinguish and it's only because of how spread out and broad the genre is. For example, the rock group Journey's song "Don't Stop Believing" follows the 1, 5, 6 minor, 4 form, otherwise known as the "four chord progression." That is an easy way to separate one genre out of the many though. Alt-Rock bands like Nirvana, Green Day, and Linkin Park often don't follow that progression.

The one thing that all these bands in this genre have in common is one clear distinction. The music they make gained influence from African-American music culture which includes Blues, Gospel and Jazz. British bands like the Rolling Stones, Queen, and The Beatles gathered their inspiration from Motown Records, a black record label based in Detroit.

Interesting to think about especially now that it's Black History Month. Rock 'n' roll to rock music, whatever you want to call it is a broad term. I leave you with this, whoever you are and whatever you listen to, music is a universal language and we all speak it.

## Fifteen songs to describe the history of rock music:

1. "Jailhouse Rock" by Elvis Presley
2. "Johnny B. Goode" by Chuck Berry
3. "I Love Rock 'N Roll"  
by Joan Jett and the Blackhearts
4. "Footloose" by Kenny Loggins
5. "Smells Like Teen Spirit" by Nirvana
6. "American Idiot" by Green Day
7. "In the End" by Linkin Park
8. "Bohemian Rhapsody" by Queen
9. "Jump" by Van Halen
10. "Sweet Child O' Mine" by Guns N' Roses
11. "Hotel California" by The Eagles
12. "Sweet Home Alabama"  
by Lynyrd Skynyrd
13. "Walk This Way"  
by Run-DMC ft. Aerosmith
14. "Lose Yourself" by Eminem
15. "Teenagers" by My Chemical Romance



Photo by Destini Pettit



Photo by Destini Pettit

Students of ENV 101 put the Scientific Method into practice while exploring campus! Some investigated why the trash cans have holes in them.

# What your major says about you!

By Caroline Hoy  
Co-Editor in Chief

With help from Isaiah Collison  
Arts & Life Editor

Choosing a college major is one of the most important decisions you'll ever make. The other ones include what color to dye your hair or which poster to put up on your wall. So welcome to the Clarion's accurate readings of you.

*Note: Please note that these are all for jokes and do not describe everyone (fully); it is purely for laughs.*

**Applied Physics:** You are an overachiever and/or you were persuaded by Dr. Castelaz to become a Physics major. Be warned. Gravity will break you.

**Art:** You liked drawing as a kid and have decided that is all you want in life. Money is not important to you and you probably smell like Crayola.

**Biology:** You are completely antisocial and just want to spend the day chilling with microscopes.

**Business & Organizational Leadership:** You didn't know what to major in so you chose business.

**Criminal Justice:** You were clearly a kid who watched too many murder shows.

**English:** You just want to be in the corner with a book. You spell too well but are not qualified for the grammar police.

**Environmental Studies:** You want to be outside enjoying the outdoors but don't want to be in WLEE. (Guilty as charged!)

**Exercise Science:** PE was your favorite subject in school and now you want to do more PE.

**Health Science:** You want to tell everyone about how you are going into medicine and will save lives.

**History:** You are obsessed with one time period in particular and learned an unhealthy amount of it. Get some modern air.

**Integrated Studies:** You couldn't choose a major and have decided to be indecisive on everything.

**Mathematics:** You either want to be a teacher or make hypothetical theories about imaginary numbers.

**Music:** You listen to way too much music and want to flex your knowledge. Ironically, your personal songs are probably mid tier.

**Philosophy/ Religious Studies:** You have gifted kid syndrome and can't decide anything so now is everything in the stars. Too many questions, no answers.

**Theatre:** You really like the spotlight and you wanted an outlet to be in the spotlight. You dream about the spotlight. You think about the spotlight or the operating the spotlight.

**Education:** You really want to be around kids that aren't yours as a consequence your massive debt will never be paid.

**Physical Education/ Recreation:** You are athletic and all you want to do is play a sport but you need something to study. Here.

**Psychology:** You want to help others with their mental health problems instead of focusing on your own issues.

**Wilderness Leadership and Experiential Education (WLEE):** We get it—you REALLY like the outdoors and know all the plants and animals.

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✉ **Letters Policy:** The Clarion welcomes letters to the editor. We reserve the right to edit letters for length or content. We do not publish letters whose authorship cannot be verified.

# AGR 201 showing off the Brevard College Experiential Learning!



Photo by Destin Petit

Plant Production students practicing classification of soil texture.

# The Silent Rockstar Vol. 3: Work Hard

By Isaiah Collison  
Arts & Life Editor

*When Slack Reaper needs someone gone, she tracks down The Silent Rockstar, breathing space matter, and gives him a semi-human outline. She can make a target of anyone and they'll be a victim of his writing just like that. She casts her radar over Earth at her leisure. A man who dismisses responsibilities alerts her for the last time.*

*How it works:*

*Lax is lazy.*

*Slack Reaper sees Lax on her radar and contacts The Silent Rockstar.*

*The Silent Rockstar writes a letter.*

*He shows up.*

*Lax dies.*

*They leave evidence.*

*This man is at stage three. Thus, "A Dear Victim" letter is scribed.*

**Blank skies, white tie, cracked love, black gloves. A few choice words are many. You can pray. But black letters are deadly. It'll go as I say.**

**I dig a coffin in the backyard and wait for you in the garage. Though it is nighttime and your headlights shine on white walls, the blank skies hide me. The car door opens and liquor bottles crash against the garage floor. Your drunk laughter is drowned out by the clank of kicking old tools you left out. Looking for balance, you reach for the wall.**

**Right in my strike zone.**

**Yanked down by the strength of your white tie, I drag you and place you in the passenger seat of your own car. The smell of alcohol is strangling you Lax.**

The Silent Rockstar: The funniest thing happened today.

Lax: Go...to hell!

The Silent Rockstar: Your colleagues were discussing the finances of last quarter, nothing was out of the ordinary. Except you weren't there.

**You belch an insult.**

Tsr: But the meeting goes on, bada boom, there's that. Then, a little number... Do you have any idea what number I'm talking about, Lax?

Lax: I, don't.

Tsr: Really. Then what am I doing?

Lax: Dunno! Mmfh...

**Deep down, you know the number was never submitted. Let your present state be a crime against your own humanity. The last infraction; execution is near. You struggle, not wanting to accept it.**

Tsr: The tie is too tight now that the walls are closing in.

It is as if instant replay is on. Chance after chance you had to submit your number to your colleagues. You cannot be allowed to be dead

weight in the office. This morning, Slack Reaper appeared in the meeting. The room fell silent. Fear versus comfort. Her presence is a message to the absent and a warning to the near.

Lax: I need more... time!

Tsr: You got lazy and she gotcha. She sees everything, she caught ya. I even preached to you in the past but you made a choice. You dropped us, Lax.

Every time you turn your clock in, the batteries still work. Your work tank remains on 'F' though Slack Reaper's patience is on 'E'. Don't wanna cross out the checklist? She crosses out you. When this letter arrives, Ms. Reaper will dispatch me the following evening. You make peace with that.

Lax- You can't do this to me!

Tsr: You've forced my wrist!

**Two signatures, not one missed. I cracked love. Laziness chewed you up. I cannot motivate you. In three days, you are to be whacked.**

*When the Slack Reaper needs lazy people knocked off, The Silent Rockstar puts on black gloves and delivers the message.*

**PS: Take one good look in your backyard. I'll leave this in the grave for the coroners.**

**Sad To See You Go,  
The Silent Rockstar  
Authorized by  
SLACK REAPER**

**Sneak preview:  
Court cases at Brevard  
College!  
Location: MG 3rd floor  
Stay tuned for more details!**

# Cookie's Crumbles

## Why Do They Call You That?

Art by Oreo Ellis  
Story by Isaiah Collison



# Cookie's Crumbles My Biggest Fear

Art by Oreo Ellis  
Story by Isaiah Collison

