

# Return to Work Flowchart

## AN EMPLOYEE TESTS POSITIVE FOR COVID-19

Notify Transylvania Public Health at 884-3135.

Notify other employees of their possible exposure but maintain confidentiality as required by ADA.

*Close contacts of this person (within 6 feet for more than 15 minutes) should stay at home except to seek medical care and practice social distancing within their household for 14 days after their last contact with the positive case.*

*Other coworkers should self-monitor for symptoms but can continue working.*

### Does the employee have symptoms of COVID-19?

- Fever\* or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

*\*Fever is determined by a measured temperature of 100.4°F or greater, or feels warm to the touch, or says they have recently felt feverish.*

**YES**

**NO**

**Isolate at home.** Avoid others in the household and do not leave home except to seek medical care.

This person can return to work and other activities when **ALL** of the following are true:

- It has been at least 10 days since they first had symptoms **AND**
- They have not had a fever for 1 day (24 hours) without any fever reducing medication **AND**
- Their other symptoms have improved.

**Isolate at home.** Avoid others in the household and do not leave home except to seek medical care.

This person can return to work and other activities after 10 days from the date of their first positive COVID-19 test.

*\*If this person develops symptoms after testing, use criteria to the left.*

### QUESTIONS?

Contact the Transylvania Public Health nurse line at 828-884-4007.