# Grassical 2019 Llamas, live music and more

By Chloe McGee Layout and Design

On Thursday, April 11, BC students, faculty and members of the community gathered on the lawn in front of Myers for Grassical 2019. It was an evening of music, food, lots of fun and, of course, llamas.

SGA planned and hosted the event, inviting people from all over to join in on the festivities.

The event featured live music from local bands Pretty Little Goat, The Remarks, The Get Right Band, The Craig Vaughn Experience, as well as student-led Beet Juice with Dal Davis on vocals and keyboard, Jaylaan Prioleau on drums and Reed Windham on bass guitar.

Alongside a tropical themed buffet complimentary of Brevard College's cafeteria were two food trucks that lined the street between the cafeteria and the library. Catering the event was Appalachian Chic serving gourmet southern fusion cuisine, and Blue Smoke BBQ providing a delicious array of hickory smoked meats.

Grilled corn, cotton candy, ice cream and bike-blended smoothies were among the many

treats that Grassical had to offer.

Slacklines were set up for the event. Many attendees of the festival participate—some more skilled than others.

In collaboration, Brevard College Junior Audrey Cardwell and Sophomore Sallie Riggan ran a booth where they offered colorful hair wraps and sold handmade jewelry from Roostershack Scraps, a small business located in Wilmington, NC that is owned and operated by Riggan's mother.

"The atmosphere is great, and I'm really enjoying the event—the food, music and the people," said Michaela Lemmon from Salisbury, NC, a first time BC visitor.

Senior Malynne Petoia and Sophomore Ivy Blanton volunteered at the event to illustrate—literally—their artistic talent by managing the face-painting station courtesy of SGA.

BC Paws for a Cause held a table where they invited people to come make dog toys using scraps of t-shirts that they had collected from donation bins around campus.

The Agriculture Club ran a station that gave people the opportunity to plant seeds in containers that they could take home and use in

their own yards

The Biology Club also ran an assembly line of sorts where attendees of the festival could make their own moss terrariums from mason jars, pebbles, soil and an assortment of moss.

The llamas, as expected, made a cameo appearance, which seems to be a fan favorite amongst BC students.

"I have good vibes from [the llamas]... These animals are one of a kind," said Thibault Tranchant, a senior at BC.



Sydney Shaw (left) and Callie Darress.



Panoramic shot of Grassical featuring the Ilamas.



Riggan finishing up colorful hair wrap.

## Jack Horner to be McDowell speaker

By Zach Dickerson Campus News

Dr. John "Jack" Horner is the Spring 2019 J. R. McDowell Speaker. The McDowell Speaker series is sponsored by the Transylvania County Library Foundation in partnership with Brevard College. He will give a talk on Monday, April 22 at 12:30 p.m. and a major presentation at 6:30 p.m. the same day.

For the event at 12:30 p.m., Horner will be in room 125 of McLarty-Goodson to meet with interested BC students, faculty and staff for a special discussion and question session. No tickets are required for this session. This is scheduled to coincide with BIO 110 and GEO 105 classes. After those students are accommodated, seating will be on a first come, first serve basis.

The 6:30 p.m. presentation and talk titled

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Letters Policy: The Clarion welcomes letters to the editor. We reserve the right to edit letters for length or content. We do not publish anonymous letters or those whose authorship cannot be verified.

"Dinosaurs of the Past, the Present and the Future" will take place in Ingram Auditorium at the Dunham Music Center. Free tickets are available for BC faculty, staff and students (limit of two tickets per person) through the Academic Affairs office on a first come, first serve basis.

If you would like more than two tickets, they can be purchased at the Transylvania County Library for \$10 in cash or check only.

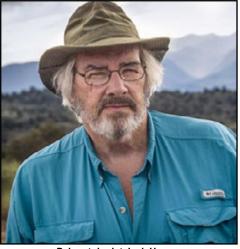
Horner is a paleontologist who has dyslexia. He is also a Presidential Fellow at Chapman University in Orange, California and Regent's Professor of Paleontology at Montana State University in Bozeman, Montana.

He is known for his groundbreaking discoveries of the first dinosaur eggs in the Western Hemisphere, the first evidence of dinosaur colonial nesting, the first evidence of parental care among dinosaurs and the first dinosaur embryos. He is widely regarded as one of the world's foremost paleontologists, noted for his fieldwork in Montana where he has amassed one of America's largest dinosaur collections.

Horner is a recipient of the MacArthur Fellowship "Genius Grant," and has been awarded two honorary doctorates, one from the University of Montana (the school he attended) and another from Pennsylvania State University.

Horner has named 10 new dinosaur species and has had three dinosaur species named after him. He has published more than 150 professional papers, eight popular books and has been the subject of numerous documentaries.

He served as the technical adviser for all of the "Jurassic Park" and "Jurassic World" movies and is the inspiration for the movie's lead character Dr. Alan Grant, played by Sam Neill.



Paleontologist Jack Horner

## Talking commodities

By Jordan Kuck Assistant Professor of History

Students in Dr. Jordan Kuck's "History of Stuff" course recently participated in a video conference conversation with Edward Grubb, who is a senior analyst at JML Capital in St. Louis, Missouri. Grubb, who specializes in commodity investment portfolios, chatted with students about commodities, the nature of global markets and how those affect our daily lives.

This type of an experiential education opportunity is rare for a history course. After spending the first two-thirds of the semester looking at various cases of commodities and their role in global history, students were able to apply their knowledge of commodification and global commodity chains to ask probing questions about today's commodity markets.

The conversation also involved using knowledge of the past to speculate about the future of global commodities. For instance, there was much discussion about how China's Belt and Road Initiative will impact the world.

What students seemed to find most fascinating was Grubb's discussion of how small-to-

medium-sized trading firms, like his, have "democratized" trading, reining in egregious, immoral speculation while also providing more price stability for producers and consumers. Students found this analysis provocative, because it shatters negative stereotypes about investors. Grubb did admit, though, that this internal policing of investors via the democratization of the profession is not perfect—that it is still possible for really big firms like Goldman Sachs to manipulate prices. Nonetheless, we have seen an improvement in comparison to the wild trading in commodities that took place in the late nineteenth and early twentieth centuries.

The course offers a unique, cross-disciplinary approach to studying global history, putting the "stuff" at the forefront. This is a very helpful approach in pursuing the origins of major trends in global history, such as the development of capitalism, as well as the human-behavioral causes of environmental destruction and global warming. The course is also rewarding for a great diversity of students, whose majors range from history to BORG to environmental studies and more.

#### **Retirement Profile**

## Mary

By Mary Lewe Managing Editor

Mary Kay White has worked for Brevard College since 2000, when several strokes of serendipity allowed her to join the exercise science faculty and to teach anatomy and physiology (A and P).

Before coming to Brevard College, she was living in Oregon. "After I got my doctorate I worked for a government research facility for about six or seven years where I did research on the physiological effects of personal protective clothing," White said in an interview last week.

The scientific testing focused on gear for firemen and items similar to hazmat suits. "We had an environmental chamber and we did all kinds of tests," she said. "The equipment might have been designed to last a firefighter for two hours in a certain environment, but because of the heaviness of the equipment and the impermeability of it, the person couldn't last that long.

"We were trying to make recommendations for safe practices for hazardous waste cleanup workers," she said. "Through that [research] I realized that I'm kind of an introvert, but I do need contact with people; I'm not a pure researcher. That's when I started looking for a job in teaching."

Following her time spent researching, White found a job in Oregon at Lewis & Clark College, worked at community college, and taught A and P at a massage school. White said that her experience teaching very kinesthetic learners at the massage school helped her to develop many of the hands-on activities that help her students today. "I think that [experience] really enhanced my teaching ability," she said.

Her diverse background prepared her for her unique role here at Brevard College.

"My title was always exercise science and I've always taught primarily exercise science and health science students, which is one of the things I really like about my job here," White said. "Some people teach a lot of gen ed classes, I don't teach any gen ed classes but I like that I get a lot of contact with my two main groups of students," she said.

"I'm really thankful that I get to teach exercise science, like fitness appraisal classes and also teach A and P. At big schools you don't get that luxury, they have exercise science faculty, totally separate PE, and separate pre-med classes," White said.

## Kay White

When White first applied to work at Brevard College, however, it sounded like her job here would be much different. "We [White and her wife Jane] happened to drive by Brevard College and I thought 'this looks nice, maybe they have an exercise science program," White said.

"I remember running into the administration building asking for a copy of the catalog. Low and behold, they had an exercise science program. When we got home I decided to see if they had any job openings," she said. "We were willing to move to this area without jobs, but there just happened to be a job here and I applied."

It turns out the job opening here was for an exercise science professor and a director for intramural sports. Although White had plenty of sports experience — she played four years of basketball, three years of volleyball, two years of softball, and a year of field hockey in college — she had no experience with intramurals.

Since BC had just become a four-year college, A and P was being taught by an adjunct professor at the time, so ultimately White was hired to teach all her favorite courses, while a new volleyball coach was hired to handle intramurals. "In the end, it worked out perfectly for me. I was just so thrilled," White said.

The range of her work has left White with no regrets in her career. "I feel like I've done a little of this and a little of that," she said. However, she does have a particular love for one of her classes.

"A and P is probably my favorite thing," White said. "It's a class that a lot of students come into feeling fearful, thinking 'Oh my gosh, how am I going to learn all this stuff?"

"Over time, they realize 'I can do this, look at all that I know,' and they're proud of themselves," she said.

"I like helping students realize what they're capable of."

The reason White loves teaching A and P aligns perfectly with the philosophy she sees at Brevard College, one she believes in. "I think this college really has support for its students. If they want to succeed, there are all kinds of resources available," she said. "Being a small college, we know when students are present or not, when they're learning and participating or not.

"I like how student-centered the college is and I think all of us here really want our students to succeed. We want to know them and we want them to succeed, and it's disappointing when they don't, but one thing I've realized over time is that I can't do the work for students," White said. "I can help you and answer questions and

provide resources, but it's up to you to put in the effort."

White's love for Brevard College is very clear, and she loves to reconnect with past students. But after nearly 20 years at the school, there are some things that she sees that could be changed. "There's probably only four schools in the whole country where the professors make less than we do, but people work here because they love it," White said. "They love the area, and the reason why we stay is that we love this place." For the sake of her colleagues at the college, White is hopeful that this will change in the future.

White has big plans following the culmination of her academic career. "I just got my passport this summer, so I'd like to travel more," White said. In addition to her travels, she says there is plenty of work to be done on her ten acres of property to keep her busy.

Retirement has not been a light decision for White, in fact she realized it was time for her to retire after tragedy struck a longtime friend, also a professor. "I remember she was exactly two months older than I am. Last year, I found out she died suddenly," White said. "She was active, she was one person I thought would live to be 'old-old.' She had a heart attack and died on a Sunday morning.

"That made me realize that you don't know how long you have, you might have another day, or you might live a long time. But I think it's time to start enjoying life," she said.



White at Dolly's Dairy Barn here in Brevard, N.C.

## ARTS & LIFE African drumming workshop at BC

By Mel Bringle Professor of Religious Studies

From 1250 to 1600 CE, the empire of Mali spanned thousands of miles in West Africa. Its major city, Timbuktu, was a renowned center of scholarship in astronomy, engineering and architecture. The words "Anke djé, anke bé" from one of Mali's tribal languages translate roughly as, "Let everyone gather together in peace." These words joined to form the name djembe given to the large, goblet-shaped drum whose beats brought communities together to celebrate events like harvests, weddings and births.

On Friday, April 5, 2019, students in Mel Bringle and Tina Holland's LNC 296, "Souls of Black Folk," learned about the djembe in a workshop led by professional percussionist Tyler Housholder. With drums on loan from the Hendersonville Community Music Center, headquartered at Trinity Presbyterian Church in Hendersonville, North Carolina, every member of the class was able to practice traditional rhythmic patterns.

Housholder told the class that despite a caste system in the empire of Mali, no hereditary restrictions limited who could become a djembefola, or djembe player. Thus, the djembe was truly the "drum of the people." In a musical ensemble consisting of djembe and larger drums, each instrument played its own rhythms. Since the music was never written down, it passed from generation to generation by oral tradition.

Each drum-song connected to a specific life event. The complex "call and response" rhythms summoned people for miles around to "gather together in peace" to participate in ceremonies that could involve as many as ten hours of solid drumming. Housholder acknowledged that his own process of learning the djembe required months of literal sweat and blood, until the skin on his palms toughened enough to endure the constant pounding!

Earlier in the semester, the LNC 296 class participated in an African dance workshop conducted by Palmer Holland. As with that workshop, so in this one, students came to realize the foundational importance of African art forms on the development of subsequent genres in the United States, from rock to jazz to hip hop. While an expert in West African drums, Housholder himself is percussionist for the blues/rock band "The Broadcast," originally of New York City but now headquartered in Asheville.

As one student remarked, "I enjoyed playing the drums as a class, and to hear a professional do it was cool as well." "I wish he had played more solos," someone else observed; "he was really great." Even though most in the group were novices, under Housholder's leadership, polyrhythmic patterns became easy. "We made good music," another student concluded.

This literal "hands-on" experiential opportunity was funded by a grant from the Brevard College Pedagogies initiative.



Housholder performs traditional African drum for class.

### **Going the** extra mile

By Bry'Kendrick Moore Staff Writer

North Carolina is the birthplace of a lot of great people, from politicians and athletes to mountaineers and authors.

On April 4, we were fortunate enough to hear from another one of our own, Jennifer Pharr Davis. Her story is centered around the mountains and her journey took her through the Appalachian Trail.

She spoke about her life experiences and I could see where she was coming from because I'm in that space now. The event started with what made her want to take on the trail. Immediately after graduation, she didn't have a direct plan of action following her departure.

With no plan and no real desire to do anything else, she sought a challenge to help her find her path. That challenge came in form of the Appalachian Trail. At first she thought it would be easy to backpack the trail, being an athlete previously. It only took a few hours for her to realize it was more challenging than she expected.

Looking back on it, during the months it took her to complete the course, she found out a lot about herself. She found a new appreciation for the outdoors. In a way the trail brought out a side that she didn't know she had.

Over the course of the trail she had a revelation. During her adventure she wasn't able to maintain societies standards of beauty and she was okay with that. Any smile she got along the trail made her feel pretty. The days she received smiles made her feel her prettiest.

As Time passed, she wanted to leave her mark on the trail world. She wanted to set a new record for the Appalachian Trail, and set

What I took from the talk that night was find your passion. Whatever it may be and however long it takes, find it, and do it.



Image of Pharr from the cover of her book "The Pursuit of Endurance"

## Sammi the Llama By Kenny Cheek Staff Writer

















# Vocalist Natalee Highman performs senior recital

By Chloe McGee Layout and Design

On Sunday, Apr. 14 at 7:30 p.m., soprano vocalist Natalee Highman performed her senior recital at the Porter Center for Performing Arts. It was an evening that demonstrated Highman's musical growth throughout her undergraduate career at Brevard College.

Highman's repertoire for recital was both musically and culturally diverse. The selection of compositions required Highman to push her musical ability as she sung pieces ranging from Broadway show tunes to classical composures written in Italian, German and French.

The event opened with Highman accompanied by Adelaide Kersh, a collaborative pianist for the BC Music Department, performing two movements from an Italian piece by 19th century composer Vincenzo Bellini.

Performing three movements by German composer Franz Schubert, Highman took the stage again to showcase her talent of singing in another foreign language.

The third selection of music was a series of four songs composed by Roger Quilter. Each of the pieces was a lyrical rendition by works of the famed Shakespeare, including literary excerpts from "As You Like It," "Cybeline" and "Measure for Measure."

To end the first half of the recital, Highman performed a classical piece by Wolfgang Amadeus Mozart—you may have heard of him. The piece was an Italian arrangement from the opera "Don Giovani." Highman performed theatrically in honoring composure's dramatic origin.

After intermission, Highman returned to the stage alongside music faculty member and oboist Andrew Parker. Together they performed a duet by Antonio Vivaldi from a series of popular hymns titled "Gloria." The pair played one of its many movements. Highman's voice was beautifully complimented by rich melodies played by Parker.

For the next piece, Highman, yet again, wowed the audience as she sung two movements from a piece by Claude Debussy. The composition included French lyrics—the third foreign language of the night!

Ending the night, Highman sang a collection of Broadway songs in which she gave a true theatrical performance. The first was a humorous

tune from the musical production "Carousel" titled "Mister Snow"; the next was "Waiting from the musical "The Addams Family"; the third was another amusing piece from "Kiss Me, Kate" titled "I Hate Men"; lastly, Highman concluded the night with an emotional song from "Jekyll and Hyde" titled "A New Life."

Highman's senior recital concluded with a grand applause and standing ovation. The audience was thrilled with the performance, as Highman presented them with an evening of incredible music.

Highman will be attending Appalachian State University in the Fall.



Highman performs on stage at the Porter Center, singing alongside pianist Adelaide Kersh.

### Chicago may become the 51st state

You read that right. The city of Chicago, Illinois may eventually become its own state. The reason behind this is over frustrations that have continually occurred because of Chicago's influence in Illinois politics.

Republican lawmakers in Illinois have proposed legislation that Chicago would become the 51st state. They believe that Chicago and the state of Illinois will be better off independently.

In February, a report from the University of Illinois said that Chicago is in the top ranking for one of the most corrupt big cities in the nation, with the state of Illinois coming in third place for the most corrupt state in the nation.

The frustrations also stem from thoughts about the city's politics impacting rural residents in downstate Illinois. These people are saying that the policies from Chicago are actually pushing economic opportunity away. City dwellers in Chicago have differing ideas on gun control and abortion compared to citizens living in rural Illinois.

Forming a new state would take endorsement from Congress and state legislature, according to the United States Constitution.

Would separating really solve all these problems? Probably not. Some people, such as Rep. C.D. Davidsmeyer, disagree on the proposal of Chicago becoming its own state. He said, "I don't believe that Chicago and the state of Illinois should be separated. Our relationship is mutually beneficial."

Sounds like the beginning of a futuristic story like "Divergent."

-Aia Andonovska

#### **Book Review**

## 'A Beautiful Mind'

By Elizabeth Clevenger Contributor

When I was first told that the class would only be required to read selected chapters of Sylvia Nasar's biography "A Beautiful Mind," I admit that I scoffed. As the child of a long line of librarians and teachers, I hardly even considered the possibility of not finishing a book I set out to read. In the end, I read even less than the required chapters, and it wasn't for lack of trying.

The vernacular is intolerably dense and the story is suited only for a very specific audience: those who are not content with leaving the contents of mathematical and historical textbooks where they belong and insist on dragging them into daily conversations with people who could not care less what geometric advancements were made in which year. Nasar's use of nonfiction as a dumping grounds for endlessly dry facts and figures with no creativity or real plot to be found is, frankly, an insult to the genre.

Nasar spends almost a quarter of the book focused on Nash's education; specifically, the brilliant minds surrounding him. Such

an environment as that would surely provide some form of poetic or prosaic inspiration, but Nasar resolutely steers away from any aspects of the story that might have earned the title of "interesting." This first section is a whirlwind of names and nationalities with absolutely zero incentive to remember – or care about – a single one. Additionally, the advanced mathematical concepts are explained in paragraph after paragraph of equally advanced context, if they are explained at all, which only serves to make the reader put down the book in favor of a bottle of Advil.

The biography would have been much more of a success had Nasar focused on creating a good story out of one aspect of her subject rather than attempting to divulge onto her unwitting readers the entire history of Nash's lifespan. The book is almost four hundred pages long, despite the fact that more justice could have been done in half of that or less.

Nash did lead a truly fascinating life, and Nasar somehow managed to transform his story, going from brilliance to downfall in a spiral akin to the legend of Icarus, into something that resembles a textbook, but without the redeeming features of useful explanations and reader accessibility.

To give credit where credit is due, Nasar may

well have truly intended to write for a very small and select audience and felt that the only way to do right by the story was to cover every aspect of it in exhaustive detail. However, one would expect an author with such education as she had to understand more about general audiences, and to write something that could possibly be found interesting to anyone besides mathematics graduate students and niche historians. Both the endless historical ramblings and the unhelpfully dense explanations of mathematical concepts leave casual readers lost and confused and are not conducive to creating an informative or engaging narrative.

Overall, "A Beautiful Mind" has metaphorical miles of potential, with a fascinating subject and years of mathematics and madness to cover, and yet falls flat in almost every regard. Nasar fills the unnecessarily many pages with dry and often irrelevant trivia about Nash and what seems like every person he had ever spoken to. The book spends very little time developing any form of personality or motivation for anyone other than unemotional and unsympathetic Nash, and leaves readers wondering why they are expected to care about the topics covered.

## Horoscopes this week

#### Aries

Big birthday plans? It may be tough for even you to keep up with the frequent social engagements this week. At the risk of coming down with a case of FOMO, consider a more laid back option.

#### Taurus

Someone close to you could say or do something this week that simply rubs you the wrong way. Before you decide to stay mad, pause and take a moment to actually ask what exactly they meant.

#### Gemini

The push and pull of the twins is palpable this week, and you're struggling to maintain balance between what you need to get done and all the things you'd rather be doing. Don't wear yourself out right now.

#### Cancer

You've been working so hard, and the results are clear, but don't think that you need to be a worker bee party of one! Although you need to complete your own work, consider how you can get more interaction.

#### Lec

It's been go, go, go with you, but you need to hit the brakes! Although everything may seem perfect, you'll only hurt yourself by settling in too quickly. Have you checked in with your siblings recently?

#### Virgo

You're no mind reader, but have you been acting like you've got a crystal ball? Step away from the assumptions and a take a moment to work through your heavy emotions before your words confuse matters further.

#### Libra

White lies aren't worth the trouble, but you may need to learn that lesson the hard way this time. Whatever it is you've gotten tangled up in, owning up sooner rather than later will ease you gently into reality.

#### Scorpio

You may feel like everyone around you is wearing rosecolored glasses. You're not far off in your perception, but how you break the harsh news to them will make a difference. You can be fair and still be honest.

#### Sagittarius

By Mary Lewe Managing Editor

What have you got to say? And, more importantly, how does your desired message compare to what you've been spouting into the world? It's a good time for you to really define this for yourself. Make it count.

#### Capricorn

You don't need to be cruel, Cap! You've heard that those in glass houses shouldn't throw stones, but have you looked at your reflection in those glass walls lately? Don't distract yourself by judging others.

#### Aquarius

Saving money has been getting easier when you're on your own, but all bets are off once you're in a social setting. Opening up to your pals about how exactly you're struggling could help relieve some of this temptation.

#### Pisces

Saying something misleading could leave you feeling anxious, and if the misunderstanding is with someone who cares about you, you may even have some guilt. Don't hide from it, set yourself free.

## Another hit hits the stage: 'Twelfth Night'

By Kenny Cheek Staff Writer

It is hard to write a review of Brevard College's Theatre Program, no matter the talented cast behind it, because every time you think they have reached their peak, the stunning actors and thrilling departments come together to push the limits past their boundary with one brilliant show after another.

This is no different for "Twelfth Night," the recent play performed by the talented cast and produced by envisionary artists. Directed by Peter Savage, "Twelfth Night" focuses on a modern style love triangle of a shipwrecked Viola dressed as a man named Cesario, played by Claudia Dahlman, a Duke named Orsino, played by Derrick Hill and a lady named Olivia, played by Rose Bricker.

The background characters, if you can even call them that, because of how important they are to the story, were extremely entertaining. Sir Toby, played by Talley Sugg, Feste, played by Lisa Arrona and Sir Andrew Aguecheek, played by Michael Villarreal, make up a trio of mischievous folks who enjoy torturing Malvolio, played by a humorous K'nique Eichelberger. Malvolio is tricked throughout the play by the Dubious Trio into thinking that his lady Olivia loved him, rather than Cesario.

All while the foolish antics of the background characters are going on, the lady Olivia finds herself falling in love with the male portrayed counterpart of Viola, whose own interest is that of her master, Orsino, and who is already head over heels in love with Olivia.

This interesting tale gets even more twisted when the introduction of Viola's twin brother, Sebastian, played by Kristen Michels, gets mistaken for his sister's disguise.

Even with a Shakespeare style of writing and structure, the tale was told perfectly by how incredible the actors and actresses portrayed their characters.

Every little snicker, eye roll, giggle and line was given just right to the point that it gave the story more depth than any simple text ever could. With a diverse and talented cast comes a grand prize, and this prize was one stunning and laugh out loud comedy/drama.

While some audiences may disagree, I personally think this is one of the best performances I have seen within the theatre in a long time. As I stated before, the Theatre Department only finds themselves moving up with every new portrayal of a classic or original story line.

If you have not had the chance to witness the full glory of Theatre students in their natural habitat, then you still have a chance to do so. Coming up at 7 p.m. on Friday, April 26, is the Theatre Senior Capstone Projects Part 2, showcasing more of the behind the scenes looks and talented insights from many of the people

#### **Correction**

In last week's edition of The Clarion, a front-page article titled "Brevard College Theatre presents "Twelfth Night'" misidentified the actors for two characters in the production. Claudia Dahlman played Viola, and Rose Bricker played Olivia. We regret the error.



The cast of "Twelfth Night" takes a bow.

## Final exam stress relief

By Zach Dickerson Campus News Editor

Final exams for the Spring 2019 semester quickly approach, taking place from Sunday, April 28 to Friday, May 3. Many students have difficulty relaxing and dealing with stress during this time. Here are some tips to help with that:

#### School organized events/activities

Brevard College puts together many events/ activities that they like to hold during exam week in order to help the students of the campus relax and de-stress. One of these are professional massages that they usually hold in Tornado Alley. This event is typically first come first serve so you will have to sign up or show up fast. Another event that's campus puts together is sometimes having therapeutic animals on campus for students to come and pet and spend time with. This event is usually located outside of Jones Library.

#### Go outside and off campus to explore

The city of Brevard and beyond is home to many great places and ways to help relax and de-stress. Close by, for those who don't have a way of getting far off campus, there is Downtown Brevard which is filled with many quaint shops and restaurants to choose from. There are also many great parks and forests to choose from, such as DuPont or Pisgah, to go explore nature, hike or whatever. Or, if you want to get real far away from campus, there is always Asheville where you can either go downtown there, to the mall or outlets and/or many of the other things to do there.

#### Take some time for yourself

It's very important to just sit and enjoy life's little moments. Don't spend all of your time stressing about your finals, studying for them, worrying about what material will be on them and whether you will pass or fail them. Remember to spend time with your friends and do stuff with them, read a book, spend some time hammocking or just simply go outside and take a walk on campus. You really only have one college experience. Don't spend that whole time worrying and studying. Focus on yourself, the joy of life and its little moments that make it wonderful and special.