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Web Edition

SERVING BREVARD COLLEGE SINCE 1935

December 1, 2023

Come live out your childhood dreams with BC's wind ensemble

Olivia Ervir Staff Writer

At 7:30 p.m. on Dec. 4, the wind ensemble, directed by Dr. Hairston, will perform a concert in the Scott Concert Hall located in the Porter Center. The theme of the concert is Children's Dreams.

The wind ensemble has been working for months preparing for this concert, and their dedication is sure to pay off. The ensemble is a mix of current students, community members and people from neighboring community colleges. Brevard High School will be joining us for two of our pieces and for an additional piece of their own. Their director is Andrew Jimeson. Along with the high school piece, he will be conducting one of the joint pieces.

I asked flute player and current sophomore Hannah Sonnenberg, "What is your favorite thing about wind ensemble?" She said, "It brings me closer to my community and helps me strengthen relationships outside of music because anyone is allowed to join wind ensemble. There are a good amount of people that are not music majors that participate. There is a very diverse mix of majors as well." I also asked her, "What is your favorite piece that we are doing for the concert?" She said, "My favorite piece is probably 'Now Rise Hearts of Enduring Greatness' or the second movement of Armenian Dances. They bring me joy due to their intriguing and hopeful melodies."

The percussion ensemble, organized by Dr. Tingler, will be making an appearance, playing some of the music that they played at a children's concert they hosted for the second graders of Transylvania County. They are playing notable tunes like "Frere Jacques" that everybody knows, and more that most people probably have not heard before.

There are still some opportunities to see fine arts events before the break. Keep an eye out for the announcements. Do not miss out on our talent!

Final exam week is almost here

All courses will meet at the scheduled exam time to conduct final testing or to accomplish some other meaningful, educational activity. The exam time counts toward the total instructional time for each course, which is required for course instruction. Any exceptions, such as for courses with excess contact time or final performances scheduled at alternate times, must be approved by the appropriate Division Chair.

No student will be required to take 3 exams on the same day. But it is the student's responsibility to speak with the instructors involved and to request to move one of the exams to a time convenient for both the student and the instructor. Such alternate arrangements should be finalized no later than Monday, December 4.

Any student with an emergency or extenuating circumstance must work with the Associate Dean of Academic Affairs (Dr. Josh Wilkey) to request modifications.

Students cannot use travel arrangements as justification for requesting exam changes. Classes that meet more than three hours per week or do not fit into the regular class block schedule should use the earliest appropriate exam period.

If your class begins at:	Then your exam is:
Monday/Thursday 8:00 AM or 8:30 AM	Wednesday, Dec. 13 at 1:30 PM
Monday/Thursday 9:30 AM	Sunday, Dec. 10 at 1:30 PM
Monday/Thursday 11:00 AM	Monday, Dec. 11 at 9:00 AM
Monday/Thursday 12:30 PM	Monday, Dec. 11 at 1:30 PM
Monday/Thursday 2:00 PM	Monday, Dec. 11 at 6:00 PM
Monday/Thursday 7:00 PM	Wednesday, Dec. 13 at 6:00 PM
Wednesday 8:00 AM or 9:00 AM	Thursday, Dec. 14 at 6:00 PM
Wednesday 11:00 AM	Thursday, Dec. 14 at 9:00 AM
Wednesday 2:00 PM	Thursday, Dec. 14 at 1:30 PM
Tuesday/Friday 8:00 AM or 8:30 AM	Wednesday, Dec. 13 at 9:00 AM
Tuesday/Friday 9:30 AM	Sunday, Dec. 10 at 6:00 PM
Tuesday/Friday 11:00 AM	Tuesday, Dec. 12 at 9:00 AM
Tuesday/Friday 12:30 PM	Tuesday, Dec. 12 at 1:30 PM
Tuesday/Friday 2:00 PM	Tuesday, Dec. 12 at 6:00 PM



THE CLARION

SENIOR STAFF

Editor in Chief . . . Anna Ervin
Managing Editor . . Isaiah Collison
Opinion Isaiah Collison
Layout & Design . . Anna Ervin
Staff Supervisor . . John Padgett

DeVon Taylor Olivia Ervin Amy Clyburn Sabrina Ortiz Jake Thomas Oreo Ellis Olivia Hyde Brady Penn

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All correspondence should be mailed to: *The Clarion*, Brevard College, One Brevard College Drive, Brevard, NC 28712, or send

E-mail to clarion@brevard.edu clarion.brevard.edu

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How to avoid too much stress preparing for finals

Anna Ervin Editor in Chief

Finals week is rapidly approaching, and you are more likely than not stressed out of your mind. Take a deep breath. Here are a few ways to cope with the stress and make finals a little easier.

Make a plan for yourself. Look at when your finals for each class are, and make a schedule for how you're going to complete that work. DO NOT try to do it all at once or cram the night before.

Get sleep. That may feel impossible, but it is necessary for productivity. If the workload is stressing you too much to sleep, try doing just a little work before bed to trick your mind into thinking you were productive.

Ask friends to do some work with you. Sometimes two people studying is better than one, and it gives you someone to edit with and ask questions to. It also helps you keep one another in check.

Take a second for yourself. If you are all work and no fun, you are going to keel over. Go eat at your favorite restaurant, watch a good movie or just do something you enjoy.

Remember to eat! Your body needs fuel to do work. Bring snacks around and eat three meals a day.

Brevard College has a tutoring center so take advantage of it. If you need help, do not hesitate to ask; that is what the department is there for.

Take breaks when studying. Every thirty minutes, take a five and walk around. It helps reset your brain so that it is not as exhausting to look at the same thing over and over again.

Create a playlist to help you focus. Music can really set the tone, so try out some new songs to see what you like. Most music apps have pre curated playlists for studying too, so check them out!

Finals are always going to be stressful, but this round you can better prepare yourself to conquer them.

Campus Critters

Bolt

Olivia Ervin Staff Writer

Welcome to Campus Critters, where I get to decide the featured animal of the week. I am Olivia, and I love rodents, dogs, cats and birds. I am also the person who writes these articles. Yes, I have become self-aware, and I am going to make it everybody else's problem.

I hope you had a good Thanksgiving, and if you do not celebrate it, I hope you had a nice break in general. I got to pet a donkey, so I am feeling pretty good. Anyways, our pet of the week is probably one in a million. I don't know them personally, but welcome Bolt Mullin to Campus Critters!

Bolt is a five-year-old, grey tabby with short legs. His owner is Marina Mullin. Before he was in her possession, he was a friendly stray in her neighborhood. Though Marina's mother was reluctant to keep him, he eventually won over her heart.

Bolt enjoys eating macaroni and cheese, and



Marina is always quick to share with him. He also loves Meowijuana (catnip) especially when it is in a toy. He is a very stubborn cat. Bolt dislikes when someone, anyone tells him no. He also does not like people other than Marina touching him. He is not a confrontational cat.

Bolt was asked, "What reality TV show would you win?" He said, "I would win America's Got Talent because I have the attitude for it," which just means that he is pretty sassy. Thank you for reading. If you meet Bolt, say hello to him.

Remember that anyone with a pet that lives on campus or commutes with their owner can submit a response via the LINK or the QR code to the Google Form. All types of animals are welcome. If someone has a rabbit, I will freak out. I love rabbits. See you next week!



Bolt

Ambassadors of Courage:

Hannah Cockroft, paralympic champion

Hannah Cockroft is a British wheelchair racer specializing in sprint distances. Hannah's story begins with a traumatic start to life. Born July 30, 1992, she suffered two cardiac arrests and a collapsed lung in the first 24 hours of life.

Unfortunately, this incident led to significant brain damage. Cockroft was diagnosed with cerebral palsy, which caused her feet to deform, mobility problems in her legs and issues with the fine motor skills in her hands. Doctors informed her mother she would never possess the ability to walk or talk.

By the young age of 20, medical professionals predicted she would no longer be alive. Defying every odd set against her, she was a force to be reckoned with, never backing down from any obstacle, with a miraculous will to live.

Hannah's family never treated her any differently because, in reality, she was just a normal person that everyone knew and loved. Hannah's family truly believed in her and did everything they could to help her succeed in life. Her parents took every opportunity to improve her mobility by strapping her legs in standing devices, splints and



walkers. Because of their hard work, she began taking her first steps at age three.

At age 12, she was first introduced to para-sports when the Charlottesville Cardinal's Wheelchair Basketball team performed a demonstration at her school. From that moment, she was hooked. Cockroft played for the Cardinals for six years and tried different para-sports as well. At the 2007 School Games run by Youth Sports Trust, it was the very first time Hannah experienced wheelchair racing.

Invited to try out wheelchair racing later that year, Cockroft sat in her first racing chair and did her first few rounds along the track. Hannah found a new passion and didn't back down from this new opportunity.

The next year, she stormed to victory as a wheelchair racer champion. In 2009, she trained under the guidance of a new coach named Peter Eriksson. She trained hard after school and on the weekends.

The T34 classification is represented in adaptive sports and the Paralympics. In 2010 she had her first competition in Kirkby, Liverpool and broke her first world record in the T34 400m then breaking seven more records in the next few weeks.

This classification is one of eight for athletes who have cerebral palsy and use a wheelchair. At 18 years old, Hannah Cockroft was able to represent her country at the Paralympic World Championship. Overall. Cockroft is a seventime Paralympic champion and an 11-time world champion. She even has three European gold medals too.

11 Fingers:

Gen Z, The green capitalists

Isaiah Collison Managing Editor

Members of Gen Zwere born between 1997 and 2012. These problems do not apply to all of us, just enough that older generations think it's all, and I don't blame 'em.

Grown Folks

Imagine if you could have seen the entire trajectory of your parents life, the journey they took to get there and the consequences thanks to the Internet. You'd be totally different. Living in Gen Z is like chillin' above the maze we call "world." Some of us are deciding not to do anything. You know capitalism better than us, and we are the free-limbed enemies of the state.

On the battlefield, replacements who are ignorant to the ways of survival are called "green." They account for a high casualty rate, are naive and prone to mistakes. Capitalism is battling to consume us and rob us of our future. We, the replacement capitalists, are green in the face about this way of business, truly sick. We want a future, but we do not want to fight for it.

In March of 2020, "Pew Research Center" conducted a survey on Gen Z. "...half of the oldest Gen Zers (ages 18 to 23) reported that they or someone in their household had lost a job or taken a cut in pay because of the outbreak." The outbreak broke some of our will, shattered our nerves. Are we to be given up on? If you have a bucket, we need bucketloads of help. Gen Z, at least to some degree, is wandering.

Let this made-up response represent our general attitude, "My mom works a lot. She's broke. I don't work. I'm broke. Outbreak? I've seen everything. Oldhead? You can't tell me a damn thing I can't contradict on the Internet. Gimme twenty seconds. See? I'm an expert."

We think we've figured it all out, watching. What's our answer? Taking risks in late-stage capitalism is too painful. This generation does not feel shame when quitting; there will always be a source of stimulation. Vape. A new spouse. A new relationship. A new video. A new drug. A new streaming service. A new school. A new phone. More dopamine. To y'all it's all bullsh*t. To us it's all everything is. We are the "more" generation. More stimulation. More pain. More fear. More painkillers. More fun. But life is supposed to be boring!

Young people in Gen Z tend to fear isolation because they attribute it with loneliness, discomfort

and anxiety. We're kids who realize the world is a lonely maze. We can do everything but lack the consistent drive to do anything long enough. Since capitalism is enslaving the planet one generation at a time, do we work the lines or do we sit idly by and let the system burn?

Remember! This is the age of comfortability, but when you greet people in Gen Z, wait for the hug; do not initiate it. How can we expect you to have empathy for the lazy and comfortable who won't save or change the world?

Gen Z

What is a companion anymore? Can the older generations call us "friend"? The older generations think we have the victim's mentality. Lucky you if when they tease Gen Z they make sure to leave you out! If you have no idea someone is criticizing you, I suppose you can keep sucking on your thumb since you don't understand how to take it.

We are the first generation to ask "Why the hell...?" Why the hell is there a war? Why the hell is there no clean air? Why the hell is our government fixed against us? Why the hell can't I afford this? Use that question to motivate you to fight! Ask, "Why the hell?" Go to your old friends and ask them what hell on earth is like. Ask what fight matters and which doesn't.

You come to me and quote TikTok. I'd give a \$h1t about it if I was addicted to instant gratification. As soon as you find I don't have it, you tell me, "It's addicting. Don't get it." Then you go right back to it. You ask me if I watch podcasts for relationship advice, but morals keep me away. Then you say it's toxic. And step away to research it. Wow, are we addicted to drama. We are a brainwashed generation.

The storms of life and capitalism are coming. Do not fear the eye; keep your neck high. You smell like a lack of confidence, letting your heart pump anxiety instead of blood? Your life is surrendered. In one verse on "4th Chamber," RZA pulls icicles, stabs you up on a frozen cross, and leaves you frostbitten in the elements of Antarctica alone. "You can see the weakness of a man right through his iris." Steer your mind away from hopelessness and despair!

Write like I do chin ups; chin up – it matters. It's different to keep my head up, headed into a world where kids look down on themselves... at

their phones... Who am I to live in Gen Z? Socials drown lowkey. It ain't hard to see we traded social skills for social media skills.

Everyone's favorite maneater, capitalism, brings degeneration, devolution and has made a number of us self-concerned, spider-legged, conceited and egotistical. We waste precious time on arguing with each other instead of planning.

I listened to a bright young female explain how the bodies of women are commodified by men. I expected evidence of a change in communication, behavior, outlook, or outfit. So clearly was how she explained how it feels to be the victim of perversion. But this young woman didn't change her actions. She is lost in the sea of lurking eyes, and she needs a man's attention to feel complete. She's woke though.

Perverted crews of groupies blab about women having no value. Whoever says the fellas can be groupied out is a liar! Men of thoughtless actions go blind to their own ignorance, blaming their lack of self-control on females while yelling like numb fools. Objectification, unkindness and accusations lead to the lack of depth and a heavier focus on appearance and status. Damn, two adjectives. You fools of Gen Z? Yeah, hollow and shallow.

I am guilty! Here I am! I have participated! Now my heart and soul desire peace like a silent rockstar, but I can see why people may think I'm swindling them. But "I am woke" is a joke. I hate what I hear as we consider adulthood.

I hear moans and whines like Rick Grimes 'cuz I'm surrounded by walking dead. Bic point five, seven, and nine, 21, so I can legally grip the lead. Ha!

Storms will be hardcore, push us around and jab at us, for life is a beautiful bully. It helps to imagine survival as bullyball. Find what you will bleed and cry for and do not look for shortcuts. Quit saying, "Ref. Foul. Foul!" Do not expect a free redo. When Life cheats, get up and cheat Death! Geneva patrols war, but her eyes miss some crimes. Dig in your chest and find your heart. In this world, you have to want to fight. Develop the buff mentality. Even if you die, you win because you didn't surrender.

Maaaaaan, stop hiding, yo! If we take you to the Aid Station on the stretcher, you better be more than drowsy!

¹ Spider-legged (adj) To have full interest in conflicting ideas or show support for both sides of a conversation to gain face

Tornados ride second half surge to hang on for fourth victory

Brady Penn Staff Writer

The expectations since the off-season have been sky high for the Tornado Women's Basketball team. The past few years, the team has been on the ascend, slowly but surely climbing the ranks in the USA South.

In the 2021-'22 season, the Nados crept into one of the final USA South postseason berths, and took down Maryville for their first ever NCAA-Era postseason victory.

Last season, the Tornados earned another home playoff game as the three seed and took down Methodist after their best regular season under Head Coach Donald Hudson.

After falling short in the semifinals to NC Wesleyan, Brevard had a goal set; reload and dominate. With the help of some new faces, as well as old ones, the team has started the 2023-'24 season on the right note for that.

Brevard had a strong second-half offensive performance and captured their fourth straight home victory on Tuesday night. The Berry Vikings came to town from the Georgia mountains in a rubber match of sorts.

Entering Tuesday night, the Nados stood at 3-3 vs Berry all time, with losses in two of their past three against the Vikings.

However, the Tornados were on their home floor in the Bosh, where prior to Tuesday's contest, they were unbeaten at 3-0 with an average of 77 points per game and an average margin of victory of 17 points.

After three thrashings of Bob Jones, Meredith and Warren Wilson, the team was still awaiting a close match on their home floor. They are 13-3 since the start of last season following their latest victory.

In the first quarter against the Vikings, Brevard was exchanging body blows until the final four minutes. Berry surged ahead, utilizing a late foul on a three pointer from Berry's Kenadie Lee (21 points) to go up 13 points.

In the second quarter, the team flipped the script and dominated their opponents in navy and grey. The Tornados outpaced Berry in the second by a tally of 13-2.

Thanks largely in part to 12 first-half points from Makenna Parkins (22 in all), the Nados found themselves back in it, down two at the half. The third quarter started off sloppy, but midway through the offense woke back up.

Once again outscoring Berry, Brevard dropped 17 points in the third and entered the fourth quarter with the lead, hanging on by four points.

It seemed as if the Tornados were well on their way to a win, leading by double digits with four minutes to go after an offensive explosion in the early part of the fourth.

However, after a defensive adjustment by Berry,

the Tornado O went cold, and with one minute to play, the score was knotted up at 60 apiece.

With less than a minute to go, Berry retook the lead off of an Elly Callahan (21 points) layup. Olivia Miller (7 fourth-quarter points) then found a layup to fall through contact and drew the foul for a three-point-play opportunity.

Miller buried the free throw, and it was time for the Tornados to rise to the occasion on defense. Miller fouled Sarah Wright, who was unable to connect on either free throw attempt, but Berry got another chance off of an offensive rebound.

Berry Coach Thomas Johnson called a timeout to draw up a final play, trailing by a point with eight seconds remaining. Out of the timeout, Lee got underneath the basket and put up a layup that missed. The rebound fell into Makayla Street's arms, sealing the win for the Nados.

Brevard finished off a thriller to move to 4-0 at home, 4-1 as a whole. Aside from a loss to Guilford in the second game of the season, the Tornado Women are rolling early on. Now, they get to measure up against the team that knocked them out last February, the NC Wesleyan Battling Bishops.

In the preseason USA South poll, Wesleyan was tabbed as the conference favorite, with BC right behind them at two.



The Tornados rock the house with tipoff in the first two seconds of the game.



The Tornados support each other on and off the court, but they are especially supportive after they score.



















